



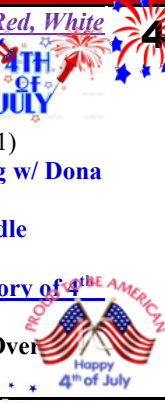

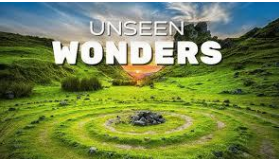








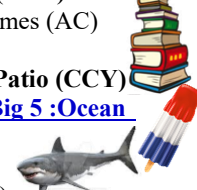









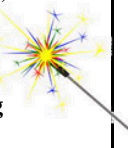









Independent Living Calendar

Sparkle in July at Hearthwood

JULY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>10:30 Sparkle in July Craft (CR)★</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>2:00 Money Bingo (CR)</div> <div>3:15 Minds Matter (CR)</div> <div>6:15 Documentary “Mysterious Islands in the South Pacific”(1901)</div> <div>6:30 Poker (AC)</div> <div>6:30 Rosary (Apt 332)</div> <div>7:00 Qigong Video Exercise (1901)</div> <div></div>	<div>9:30 Mass (Chapel/1901)</div> <div>10:15 Video Exercise 1901)</div> <div>10:30 Shopping Woodfield Mall &amp; Lunch★</div> <div>1:00 Bridge (DR)</div> <div>1:30 Scrabble (AC)</div> <div>2:30 Parkinson Support Grp (CR)</div> <div>6:00 Outing: The Declaration of Independence @ Bartlett Library★</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>10:30 Patriotic Walker Decorating (CR)★</div> <div>12:00 Hot Diggity Dogs w/ Games (CCY)★</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>1:30 Scrabble (OTP)</div> <div>2:00 Entertainment Stars &amp; Stripes w/Rick Pickren (MPR)</div> <div>6:00 Documentary “Ben Franklin” (1901)</div> <div>6:30 Poker (AC)</div> <div>7:00 Qigong Video Exercise (1901)</div> <div></div>	<div>Independence Day Wear Red, White &amp; Blue★</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Skip-Bo (AC)</div> <div>10:30 Video Exercise (1901)</div> <div>1:00 Patriotic Sing a Long w/ Dona (OTP)</div> <div>2:00 Movie “Yankee Doodle Dandy” (1901)</div> <div>6:00 Documentary: “History of 4th of July” (1901)</div> <div>6:15 Bartlett Fireworks(Over Pond)★</div> <div></div>	<div>9:00 Chair Yoga (1901)</div> <div>10:30 Coffee &amp; Chat (CR)</div> <div>1:00 Skip -Bo (AC)</div> <div>1:30 Documentary: “American Declaration”(1901)</div> <div>1:00 Scrabble (CR)</div> <div>6:00 Movie: “Yankee Doodle Dandy” (CR)</div> <div></div>
<div>9:30 Mass (Chapel/ 1901)</div> <div>11:00 Video Exercise 1901)</div> <div>1:30 Bridge (CR)</div> <div>6:00 Documentary “Unseen Wonders” (1901)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>9:00 Vitals Clinic (ER)</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Stretch w/Jen (CR)</div> <div>10:30 Shopping Meijer★</div> <div>11:00 Deacon Discussions (CR)</div> <div>1:00 Pinochle (AC)</div> <div>1:00 Skip-Bo (DR)</div> <div>1:30 Walk the Pond w/Anna (OTP)</div> <div>1:30 Shopping Trader Joe’s★</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>Nat'l Blueberry Day★</div> <div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>10:30 Blueberry Muffins (OTP)</div> <div>11:00 Create &amp; Make (AC)★</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>2:00 Money Bingo (CR)</div> <div>6:00 Documentary “Growing Wild”(1901)</div> <div>6:30 Poker (AC)</div> <div>6:30 Rosary (Apt 332)</div> <div></div>	<div>9:30 Mass (Chapel/1901)</div> <div>10:15 Outing Hokusai&amp; Ukiyo-E: The Floating World Japanese Art @ Cleveland Museum &amp; Lunch @ Seven Dwarfs★</div> <div>10:15 Aerobic Exercise w/Jen (MPR)</div> <div>1:00 Bridge (DR)</div> <div>1:30 Scrabble (AC)</div> <div>2:30 Caregivers Support Grp (CR)</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>1:30 Happy 100<sup>th</sup> Birthday Wishes Helen Brown (CMS)</div> <div>6:00 History Channel Nikola Tesla(1901)</div> <div>7:00 Qigong Video Exercise (1901)</div> <div></div>	<div>9:30 Mass (Chapel/1901)</div> <div>10:30 Shopping Jewel/ Library★</div> <div>10:30 Skip-Bo (AC)</div> <div>10:30 Chair Yoga w/Vicky (MPR)</div> <div>1:00 Cards w/Corrine &amp; Marcia (CR)★</div> <div>1:30 Outing Dollar Tree/Old Second Bank★</div> <div>2:00 Minds Matter (CR)</div> <div>3:00 Finish Your Day Sparkling Happy Hour (OTP)</div> <div>6:00 Movie: “Eight Men Out” (1901)</div> <div></div>	<div>9:00 Chair Yoga (1901)</div> <div>10:30 Coffee &amp; Chat (CR)</div> <div>1:00 Skip -Bo (AC)</div> <div>1:00 Scrabble (CR)</div> <div>6:00 Movie: “Summer at Charollette’s” (1901)</div> <div></div>
<div>9:30 Mass (Chapel/ 1901)</div> <div>11:00 Video Exercise 1901)</div> <div>1:30 Pinochle (CR)</div> <div>6:00 Documentary- “7 Greatest Riddles in History” (1901)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>9:30 Mass (Chapel/1901)</div> <div>10:30 Shopping Gobbert’s Farmers Market★</div> <div>10:15 Stretch w/Jen (MPR)</div> <div>11:00 Finding God (CR)</div> <div>1:00 Pinochle (AC)</div> <div>1:00 Skip-Bo (DR)</div> <div>1:30 Shopping Walmart★</div> <div>1:30 Walk the Pond w/Anna (OTP)</div> <div>6:15 Rummikub (CR)</div> <div>6:30 Veterans Scuttlebutt (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>1:00 Book Club (BR)</div> <div>2:15 Popsicles in the Patio (CCY)</div> <div>6:00 Documentary “Big 5 :Ocean Predators ”(1901)</div> <div>6:30 Poker (AC)</div> <div>6:30 Rosary (Apt 332)</div> <div>6:30 Outing History of Sherlock Holmes @ Bartlett Library★</div> <div>7:00 Qigong Video Exercise 1901</div> <div></div>	<div>July Birthday Dinner★</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Aerobic Exercise w/Jen (MPR)</div> <div>10:30 Outing Rustic Fox★</div> <div>1:00 Bridge (CR)</div> <div>1:30 Create &amp; Make (AC)★</div> <div>1:30 Scrabble (OTP)</div> <div>1:30 Shopping Dollar Tree★</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>10:30 Video Exercise (1901)</div> <div>10:30 Presentation Screaming for Ice Cream w/ Tim (CR)</div> <div>1:00 5 Crowns Card Game (AC)</div> <div>1:30 Bible Study(Library)</div> <div>2:00 Money Bingo (CR)</div> <div>6:00 Nat Geo: Journey to Shark Eden(1901)</div> <div>6:30 Poker (AC)</div> <div>7:00 Qigong Video Exercise (1901)</div> <div></div>	<div>UV Safety: Wear Black★</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Shopping Jewel★</div> <div>10:30 Skip-Bo (AC)</div> <div>10:30 Chair Yoga w/Vicky (MPR)</div> <div>1:30 Shopping Aldi/CVS★</div> <div>2:00 Minds Matter (CR)</div> <div>3:00 Finish Your Day Sparkling Happy Hour (OTP)</div> <div>6:00 History Channel: Monster Shark (1901)</div> <div></div>	<div>9:00 Chair Yoga (1901)</div> <div>10:30 Coffee &amp; Chat (CR)★</div> <div>1:00 Skip -Bo (AC)</div> <div>1:00 Scrabble (CR)</div> <div>6:00 Movie: “July Rising” (1901)</div> <div></div>
<div>9:30 Mass (Chapel/ 1901)</div> <div>11:00 Video Exercise 1901)</div> <div>1:30 Bridge (CR)</div> <div>6:00 Documentary-“Mr. Polaroid ” (1901)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>9:00 Vitals Clinic (ER)</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Stretch w/Jen (MPR)</div> <div>10:30 Hand Massages (OTP)★</div> <div>11:00 Deacon Discussions (CR)</div> <div>1:00 Pinochle (AC)</div> <div>1:00 Skip-Bo (DR)</div> <div>1:00 Low Vision Support Grp (CR)</div> <div>1:30 Walk the Pond w/Anna (OTP)</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>9:00 Water Aerobics w/ Jen (Pool)</div> <div>10:30 Town Hall (CH)</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>1:15 Pi Approximation Day (OTP)</div> <div>2:00 Money Bingo (CR)</div> <div>6:00 Documentary “Amelia Earhart ”(1901)</div> <div>6:30 Poker (AC)</div> <div>6:30 Rosary (Apt 332)</div> <div>7:00 Qigong Video Exercise (1901)</div> <div></div>	<div>9:30 Mass (Chapel/1901)</div> <div>10:15 Aerobic Exercise w/Jen (MPR)</div> <div>12:15 Outing “Patsy Cline” @ Drury Lane★</div> <div>1:00 Bridge (DR)</div> <div>1:15 Adult Coloring w/Music (Library)</div> <div>1:30 Scrabble (AC)</div> <div>2:30 Grief Support Grp (CR)</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>10:30 Presentation: Financial Education Scam Avoidance w/ Courtney CR)</div> <div>1:00 5 Crowns Card Game (AC)</div> <div>2:00 Non-Denominational Service (Cpl)</div> <div>3-6pm Caribbean Bash w/ Steel Drummer (CMS)</div> <div>6:30 Poker (AC)</div> <div>7:00 Qigong Video Exercise (1901)</div> <div></div>	<div>It's the Seashein Wear Tropical★</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Shopping Walmart★</div> <div>10:30 Skip-Bo (AC)</div> <div>10:30 Chair Yoga w/Vicky (MPR)</div> <div>1:00 Christmas Trivia (CR)</div> <div>1:30 Shopping Jewel★</div> <div>2:00 Minds Matter (CR)</div> <div>3:00 Finish Your Day Sparkling Happy Hour (OTP)</div> <div>6:00 Movie: Christmas Inheritance (1901)</div> <div></div>	<div>9:00 Chair Yoga (1901)</div> <div>10:30 Coffee &amp; Chat (CR)</div> <div>1:00 Skip -Bo (AC)</div> <div>1:00 Scrabble (CR)</div> <div>6:00 Movie:“ A Campfire Christmas (1901)</div> <div></div>
<div>9:30 Mass (Chapel/ 1901)</div> <div>11:00 Video Exercise 1901)</div> <div>1:30 Pinochle (CR)</div> <div>5:00 Sunday Evening Gathering (CR)</div> <div>5:30 Movie: “A Christmas Cruise” (1901)</div> <div>7:00 Meditation (1901)</div> <div></div>	<div>9:30 Mass (Chapel/1901)</div> <div>10:30 Video Exercise (1901)</div> <div>10:30 Shopping Aldi/CVS★</div> <div>11:00 Finding God (CR)</div> <div>12:45 Shopping Jewel★</div> <div>12:45 Outing Luxury Nails★</div> <div>1:00 Pinochle (AC)</div> <div>1:00 Skip-Bo (DR)</div> <div>6:15 Rummikub (CR)</div> <div>6:30 Outing: The Life of Johnny Carson @ Bartlett Library★</div> <div></div>	<div>10:30 Video Exercise (1901)</div> <div>10:30 Hand Massages (OTP)★</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>1:15 Just Poppin Popcorn (OTP)</div> <div>6:00 Documentary “Mysteries of Earth’s Largest Ocean”(1901)</div> <div>6:30 Poker (AC)</div> <div>6:30 Rosary (Apt 332)</div> <div>7:00 Qigong Video Exercise (1901)</div> <div></div>	<div>10:30 Video Exercise (1901)</div> <div>12:00 Outing Lunch @Texas Roadhouse★</div> <div>1:00 Bridge (CR)</div> <div>1:30 Scrabble (AC)</div> <div>3:00 Outing Target★</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div> <div></div>	<div>9:00 Outing Breakfast@ Briana’s★</div> <div>10:30 Video Exercise (1901)</div> <div>10:30 Wordle Board Game (CR)</div> <div>1:00 5 Crowns Card Game (AC)</div> <div>1:00 Jenga (Library)</div> <div>2:00 Money Bingo (CR)</div> <div>6:30 Poker (AC)</div> <div>7:00 Qigong Video Exercise (1901)</div> <div></div>	<div>LEAVE A LITTLE SPARKLE WHEREVER YOU GO</div> <div></div>	



CALENDAR / DESCRIPTIONS KEY



Registration Required



Walking Required

RED

Outing or Shopping Trip

GREEN

Presentation/Entertainment

BOLD

Special Program

BLUE

Movie or DVD Series

Room Abbreviation Key

(CPL) – Chapel	(CTV) – In House TV
(HR) – History Room	(CCY) - Courtyard
(MPR) – Multipurpose Room	(CH) – Clare Hall / Gym
(MLDR) – Maple Dining Room	(LIB) – Library
(CR) – Card Room	(ML) - Maple Lane
(GR) – Game Room	(FC) – Fitness Center
(SP) – Swimming Pool	(DR) – Main Dining Room
(BR) – Bartlett Dining Room	(OTP) – Oak Tree Pub
(AC) – Arts & Crafts Room	(CMPR) - Computer Room



Registration Reminders.....

If you are registering for a program, outing or special event, please check the “register by” date.

**If you are not signed-up by this “register by” date, we cannot guarantee you a spot or ticket.**

We are not able to issue refunds after the “register by” date listed. Please make sure if you are not able to attend that you cancel prior to the date listed or your account will be charged.

If we do not have the “minimum number” registered for a program, event, or outing, it will be canceled on the “register by” date.

Regularly Scheduled Programs, Services, Groups & Meetings

**Stretch & Exercise Class w/ Jen** - Are you afraid of falling or feel off balance? Then this class is for you! We will be working on fall prevention techniques and exercises to help strengthen your muscles to keep up upright. All levels welcome!

**Aerobics w/ Jen**- Offered every **Wednesday in the MPR at 10:15am**. These classes offer something for everyone!! Cardiovascular exercise, strength training, flexibility, balance and fun all in one class! All levels welcome!

**Water Aerobics** – Located in the swimming pool every **Tuesday & Thursday at 9:30am**. No swimming experience needed. All exercise done in shallow water. Great for those with arthritis or balance issues.

**Exercise on CTV** – Exercise classes are offered on our own in-house CTV!! Tune into channel 1901 and exercise in the comfort of your own home. Check the calendar for days and times that video classes will be offered.

**Create & Make** ★- **Registration required!** Craft classes will be held in the A&C. Please check the sign-up book for a list of the dates & projects. Please register for 1 class as they are the same project.

**Poker** - Offered every week in the Arts and Crafts Room. Meets on Tuesdays & Thursday’s at 6:30pm All are Welcome!!

**Monthly Town Hall Meeting** – **Tuesday, July 23rd at 10:30 in Clare Hall**. The Clare Oaks Directors meet every fourth Tuesday of the month with the residents to discuss all that is happening in their respective departments. This is a great overview of everything happening in the community. There is also an opportunity for you to ask questions.

**Deacon Discussions** - Join this group led by Deacon Dave as he discusses the dimensions of wellness and how each impacts our spiritual self. Meets every other Monday. All are welcome!

**Lutheran Service** – Lutheran services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

**Non-Denominational Service** – Non-Denominational services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

**Mass-** Sunday, Monday, Wednesday & Friday at 9:30am in the Chapel.

**Support Groups - See Calendar for Dates & Times.** Parkinson’s, Caregiver’s, Grief Support, Groups are offered right here at The Oaks. Please feel free to join any of these groups at any time!

**Rosary** – **Every Tuesday at 6:30pm in the Apt # 332**. All are welcome to participate in the Rosary group. Join in anytime!

**Stroll w/ Anna** – This group meets in the Pub and takes a walk together throughout the community. When the weather is nice, the group will walk outdoors; otherwise, the walks take place inside the community. All levels are welcome. **Please see the calendar for scheduled days and times.**

**Close Knit Club-** Whether you like to knit, crochet or embroidery, it’s a chance to meet people enjoying the same hobby. Everyone is Welcome! Join anytime. **Meets every Monday @ 1:30pm in the Wellness Room.**

**Book Club** – The book club meets the 3<sup>rd</sup> Tuesday of the month. This group meets in the Bartlett Room.

**Money Bingo** –**Thursday at 2:00pm in the Card Room.** All are welcome!!!

**Mind Matters** – Are you looking for some great brain exercises? Then this is the perfect program for you. Check the calendar for dates and times then join us for a fun mind workout! All are welcome and you can join in anytime!

**Diamond Art**-It's a fantastic therapeutic hobby that promotes mindfulness and relaxation, as well as being fun and a great way to develop art skills. Please see Anna to purchase or order a kit on your own.

**Mini Mart Hours-**  
Monday- 1:00pm-3:00pm  
Wednesday- 10:00am- 12:00pm  
Friday- 1:00pm- 3:00pm

