

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   |
|---|--|---|---|---|--|--|
| <p><b>1</b></p> <p>9:30 Mass (Chapel/ 1901)<br/>11:00 Video Exercise 1901<br/>1:30 Mexican Train Dominos (AC)<br/><b>1:30 Travel: Rick Steves in Milan (1901)</b><br/>2:30 5 Crowns Card Game (AC)<br/>4:00 Video Exercise (1901)<br/><b>5:30 Travel: 10 Must Eats in Milan (1901)</b><br/>7:00 Deep Healing Meditation (1901)</p>                      | <p><b>2</b></p> <p><u>Groundhog Day</u><br/>9:30 Mass (Chapel/1901)<br/>10:15 Stretch w/Jen (CR)<br/><b>10:30 Shopping Jewel</b> ★<br/><b>10:30 Hand Massages (OTP)</b> ★<br/>11:00 Deacon Discussions (CR)<br/>1:00 Skip-Bo (OTP)<br/>1:00 Pinoche (AC)<br/><b>1:30 Documentary: "Marmots of the Alps" (1901)</b><br/><b>1:30 Shopping Trader Joe's</b> ★<br/>6:15 Rummikub (226)<br/><b>6:30 Documentary: Winter Games Countdown (1901)</b></p>        | <p><b>3</b></p> <p><b>9:30 U R My Everything Bagel (OTP)</b><br/>9:30 Water Exercise (Pool)<br/>10:15 Exercise w/Jen (CR)<br/><b>10:30 Valentine Centerpieces (AC)</b> ★<br/>1:00 Phase 10 Card Games (AC)<br/><b>2:00 Latch Hook (AC)</b><br/><b>6:00 Documentary: Truth about the Winter Games 1901</b><br/>6:30 Poker (AC)<br/>6:30 Rosary (332)</p>   | <p><b>4</b></p> <p>9:30 Mass (Chapel/1901)<br/>10:00 Flying Needles (Wellness Rm)<br/>10:15 Exercise w/Jen (CR)<br/><b>11:15 Outing Morkes Chocolate &amp; Lunch</b> ★<br/>1:00 Bridge (AC)<br/>1:30 Scrabble (OTP)<br/><b>1:30 Love of Lavender Sachet</b> ★<br/>Craft (AC)<br/>2:30 Parkinson Support Group (CR) ★<br/><b>4:00 Outing: Restaurant Week: Dos Taco &amp; One Tequila</b><br/>6:15 Rummikub (226)<br/>7:00 Meditation (1901)</p>   | <p><b>5</b></p> <p>9:30 Water Aerobics w/ Jen (Pool)<br/>10:15 Exercise w/ Jen (CR)<br/><b>11:00 Create &amp; Make (AC)</b> ★<br/>1:00 5 Crowns Card Game (AC)<br/><b>1:15 Superbowl Sundaes (OTP)</b><br/>2:15 Money Bingo (226)<br/><b>3:15 Minds Matter (226)</b><br/><b>6:00 Documentary: Countdown to the Winter Games (1901)</b><br/>6:30 Poker (AC)</p>  | <p><b>6</b></p> <p><u>Wear Superbowl Colors</u><br/>9:30 Mass (Chapel/1901)<br/>9:30 Water Aerobics w/ Jen (Pool)<br/>10:30 Chair Yoga w/Vicki (CR)<br/><b>10:30 Shopping Jewel/Library</b> ★<br/>10:30 Skip-Bo (AC)<br/><b>12:00 Outing McMaes Grill</b> ★<br/><b>12:00 Ladies Poker (AC)</b><br/><b>2:00 Shopping Dollar Tree/ Old Second Bank</b> ★<br/><b>2:30 Hearthwood Olympic Opening Ceremony Social (OTP)</b><br/><b>3:00 Thrill &amp; Chill Happy Hr (OTP)</b><br/>6:00 Pinoche (AC)</p>  | <p><b>7</b></p> <p>9:00 Chair Yoga (1901)<br/>10:00 Coffee &amp; Chat (CR)<br/>1:00 Skip -Bo (AC)<br/><b>1:30 Mahjong (226)</b><br/><b>1:30 Entertainment Gino (MPR)</b><br/>4:00 Video Exercise (1901)<br/><b>6:00 Movie: "The Cutting Edge" (1901)</b></p>   |
| <p><b>8</b></p> <p><u>Superbowl Sunday</u><br/>9:30 Mass (Chapel/ 1901)<br/>11:00 Video Exercise 1901<br/>1:30 Mexican Train Dominos (AC)<br/><b>1:30 Movie: "Ice Girls" (1901)</b><br/>2:30 5 Crowns Card Game (AC)<br/>4:00 Video Exercise (1901)<br/><b>5:00 Superbowl Sunday Evening Gathering (CR)</b><br/>7:00 Deep Healing Meditation (1901)</p> | <p><b>9</b></p> <p>9:30 Mass (Chapel/1901)<br/>10:15 Stretch w/Jen (226)<br/><b>10:30 Shopping Aldi/CVS</b> ★<br/>11:00 Finding God (CR)<br/>1:00 Skip-Bo (226)<br/>1:00 Pinoche (AC)<br/><b>1:30 Olympic Game #1 (Cup the Puff) (CR)</b> ★<br/><b>1:30 Shopping Hobby Lobby/TJMaxx/Home Goods</b> ★<br/>6:15 Rummikub (226)</p>   | <p><b>10</b></p> <p>9:30 Water Exercise (Pool)<br/>10:15 Exercise w/Jen (226)<br/><b>10:30 Presentation B My Valentine w/ Police Dept &amp; Village Hall (CR)</b><br/>1:00 Phase 10 Card Games (AC)<br/><b>1:30 Olympic Game #2 (Balls of Fury)</b> ★<br/><b>2:30 Latch Hook (AC)</b><br/><b>3:00 Minds Matter (226)</b><br/><b>6:00 Documentary: 1980 US Hockey Team vs. Russia (1901)</b><br/>6:30 Poker (AC)<br/>6:30 Rosary (332)</p> | <p><b>11</b></p> <p>9:30 Mass (Chapel/1901)<br/>10:00 Flying Needles (Wellness Rm)<br/>10:15 Exercise w/Jen (CR)<br/><b>10:30 Shopping Walmart/Von Maur</b> ★<br/><b>10:30 Hand Massages(OTP)</b> ★<br/>1:00 Bridge (AC)<br/><b>1:00 Presentation by Barrington Ortho (CR)</b><br/><b>1:30 Shopping Target</b> ★<br/>2:30 Caregivers Support Group (CR)<br/><b>3:30 Outing: Dinner @ We Love Yu's Mandarin</b> ★<br/>6:15 Rummikub (226)</p>  | <p><b>12</b></p> <p>9:30 Water Aerobics w/ Jen (Pool)<br/>10:15 Exercise w/ Jen (226)<br/><b>10:30 Olympic Game #3 (Shuffleboard Showdown) (LIB)</b> ★<br/>1:00 5 Crowns Card Game (AC)<br/><b>1:00 Celebration of Love Vow Renewal (Commons)</b><br/><b>1:30 Entertainment Music by Rita &amp; Mary (OTP)</b><br/><b>1:30 Celebrate Love Reception (OTP/Dining Room)</b><br/><b>6:00 Movie: Love at Sea (1901)</b><br/>6:30 Poker (AC)</p> | <p><b>13</b></p> <p><u>Valentine's Day-Red</u><br/><b>9:00 Breakfast Briana</b> ★<br/>9:30 Mass (Chapel/1901)<br/>9:30 Water Aerobics w/ Jen (Pool)<br/><b>10:30 Olympic Game #4 (Suck-cessful Transfer) (OTP)</b> ★<br/>10:30 Chair Yoga w/Vicki (CR)<br/><b>10:30 Shopping Jewel</b> ★<br/>10:30 Skip-Bo (AC)<br/><b>1:00 Cards w/Corrine (AC)</b> ★<br/><b>1:30 Shopping Fisher Nut Store</b> ★<br/><b>3:00 Thrill &amp; Chill Happy Hr (OTP)</b><br/><b>6:00 Movie: "Together Forever Tea" (1901)</b><br/>6:00 Pinoche (AC)</p>                        | <p><b>14</b></p> <p><u>Valentine's Day</u><br/>9:00 Chair Yoga (1901)<br/>10:00 Coffee &amp; Chat (CR)<br/><b>10:30 I'm DONUTS about You Social (Library)</b><br/>1:00 Skip -Bo (AC)<br/><b>1:30 Mahjong (226)</b><br/><b>1:30 Entertainment Harpist Music by Lisa (OTP)</b><br/>4:00 Video Exercise (1901)<br/><b>6:00 Movie: "Love at First Glance" (1901)</b></p> |
| <p><b>15</b></p> <p>9:30 Mass (Chapel/ 1901)<br/>11:00 Video Exercise 1901<br/>1:30 Mexican Train Dominos (AC)<br/><b>1:30 Documentary: Milton Hershey (1901)</b><br/>2:30 5 Crowns Card Game (AC)<br/>4:00 Video Exercise (1901)<br/><b>6:00 Documentary: "Love and Sunshine" (1901)</b><br/>7:00 Deep Healing Meditation (1901)</p>                   | <p><b>16</b></p> <p><u>President's Day/No Mail</u><br/>9:30 Mass (Chapel/1901)<br/>10:30 Video Exercise (1901)<br/><b>10:30 Shopping Target</b> ★<br/><b>11:00 Olympic Game #5 (Biathlon- Roll &amp; Shoot) (OTP)</b> ★<br/>11:00 Deacon Discussions (CR)<br/>1:00 Skip-Bo (226)<br/>1:00 Pinoche (AC)<br/><b>1:30 Create &amp; Make (AC)</b> ★<br/><b>1:30 Shopping Jewel</b> ★<br/><b>6:00 Documentary "Lincoln (1901)</b><br/>6:15 Rummikub (226)</p> | <p><b>17</b></p> <p><u>Fat Tuesday/Chinese New Year</u><br/>10:15 Exercise w/Jen (226)<br/><b>11:00 Olympic Game #6 (Luge Control) OTP</b> ★<br/><b>1:00 Book Club (BR)</b><br/>1:00 Phase 10 Card Games (AC)<br/><b>2:00 Latch Hook (AC)</b><br/><b>3:00 Paczki &amp; Hurricanes (OTP)</b><br/><b>6:00 Documentary: History of Mardi Gras 1901</b><br/>6:30 Poker (AC)<br/>6:30 Rosary (332)</p>   | <p><b>18</b></p> <p><u>Birthday Lunch/Dinner</u><br/><u>Ash Wednesday</u><br/><b>9:30 Ash Distribution @ Mass</b><br/>10:00 Flying Needles (Wellness Rm)<br/>10:15 Exercise w/Jen (CR)<br/><b>10:45 Ash Distribution (OTP)</b><br/><b>11:00 Outing Elgin Casino</b> ★<br/>1:00 Bridge (AC)<br/>1:30 Scrabble (OTP)<br/><b>2:00 Minds Matter (226)</b><br/><b>2:30 Shopping Aldi/CVS</b> ★<br/><b>3:30 Ash Distribution (Living Room)</b><br/>6:15 Rummikub (226)<br/>7:00 Meditation (1901)</p> | <p><b>19</b></p> <p>9:30 Water Aerobics w/ Jen (Pool)<br/>10:15 Exercise w/ Jen (226)<br/><b>11:00 Olympic Game #7 (Curl Power) (LIB)</b> ★<br/>1:00 5 Crowns Card Game (226)<br/><b>1:00 Hot Tea &amp; Fortune Cookies (OTP)</b><br/>1:30 Lutheran Service (Chapel)<br/>1:30 Bible Study (Library)<br/>2:30 Money Bingo (226)<br/><b>6:00 Documentary: Chinese New Year (1901)</b><br/>6:00 Trivia (OTP)<br/>6:30 Poker (AC)</p>           | <p><b>20</b></p> <p><u>Olympics Wear Red, White &amp; Blue</u><br/>9:30 Water Aerobics w/ Jen (Pool)<br/>9:30 Mass (Chapel/1901)<br/>10:30 Chair Yoga w/Vicki (CR)<br/><b>10:30 Shopping Jewel</b> ★<br/>10:30 Skip-Bo (AC)<br/><b>11:00 Olympic Game #8 (Stackathlon) (OTP)</b> ★<br/><b>11:30 Outing Culvers</b> ★<br/>12:00 Ladies Poker (AC)<br/><b>2:00 Shopping Dollar Tree</b> ★<br/><b>2:30 Hearthwood Olympic Closing Ceremony Social (OTP)</b><br/><b>3:00 Thrill &amp; Chill Happy Hr (OTP)</b><br/><b>6:30 Station of the Cross (1901)</b></p> | <p><b>21</b></p> <p>9:00 Chair Yoga (1901)<br/>10:00 Coffee &amp; Chat (CR)<br/>1:00 Skip -Bo (AC)<br/><b>1:30 Mahjong (226)</b><br/><b>1:30 Entertainment Violin by Edgar (MPR)</b><br/>4:00 Video Exercise (1901)<br/><b>5:30 Movie: "Anything for Love" (1901)</b></p>  |
| <p><b>22</b></p> <p>9:30 Mass (Chapel/ 1901)<br/>11:00 Video Exercise 1901<br/>1:30 Mexican Train Dominos (AC)<br/><b>1:30 Documentary: The Day that Changed the Game (1901)</b><br/>2:30 5 Crowns Card Game (AC)<br/>4:00 Video Exercise (1901)<br/><b>5:30 Movie: "Mr. &amp; Mrs. Hockey" (1901)</b><br/>7:00 Deep Healing Meditation (1901)</p>      | <p><b>23</b></p> <p>9:30 Mass (Chapel/1901)<br/>10:15 Stretch w/Jen (226)<br/><b>10:30 Shopping: Target</b> ★<br/>11:00 Finding God (CR)<br/><b>12:45 Shopping Jewel</b> ★<br/><b>12:45 Outing Luxury Nails</b> ★<br/>1:00 Skip-Bo (226)<br/>1:00 Pinoche (AC)<br/><b>1:00 Low Vision (CR)</b><br/>6:15 Rummikub (226)</p>   | <p><b>24</b></p> <p>9:00 Water Exercise (Pool)<br/><b>10:30 Town Hall Meeting (MPR)</b><br/>1:00 Phase 10 Card Games (AC)<br/><b>1:15 Just Poppin Popcorn (OTP)</b><br/><b>2:00 Latch Hook (AC)</b><br/><b>6:00 Documentary Polar Night 1901</b><br/>6:30 Poker (AC)<br/>6:30 Rosary (332)</p>  | <p><b>25</b></p> <p>9:30 Mass (Chapel/1901)<br/>10:00 Flying Needles (Wellness Rm)<br/>10:15 Exercise w/Jen (CR)<br/><b>10:30 Outing "Wondra" @ Woodfield Mall &amp; Lunch</b> ★<br/>1:00 Bridge (AC)<br/>1:30 Scrabble (OTP)<br/>2:30 Grief Support Group (226)<br/>6:15 Rummikub (226)</p>  | <p><b>26</b></p> <p>9:30 Water Aerobics w/ Jen (Pool)<br/>10:15 Exercise w/ Jen (226)<br/><b>10:30 Wellness Presentation by Lisa (CR)</b> ★<br/>1:00 5 Crowns Card Game (AC)<br/>2:00 Non-Denominational (Chapel)<br/>2:00 Money Bingo (226)<br/><b>6:00 Documentary: Winter in Yellowstone (1901)</b><br/>6:30 Poker (AC)</p>  | <p><b>27</b></p> <p><u>Low Vision Awareness-Blue</u><br/>9:30 Mass (Chapel/1901)<br/>10:30 Chair Yoga w/Vicki (CR)<br/><b>10:30 Shopping Meijer</b> ★<br/>10:30 Skip-Bo (AC)<br/><b>12:00 Ladies Poker (AC)</b><br/><b>1:30 Shopping Aldi/CVS</b> ★<br/>2:00 Minds Matter (226)<br/><b>3:00 Thrill &amp; Chill Happy Hr (OTP)</b><br/>6:00 Pinoche (AC)<br/><b>6:30 Station of the Cross (1901)</b><br/><b>7:00 Outing Moretti's Casino Royale</b> ★</p>   | <p><b>28</b></p> <p>9:00 Chair Yoga (1901)<br/>10:00 Coffee &amp; Chat (CR)<br/>1:00 Skip -Bo (AC)<br/><b>1:30 Mahjong (226)</b><br/><b>1:30 Entertainment Guitar Music by Brian (OTP)</b><br/>4:00 Video Exercise (1901)<br/><b>6:00 Movie: "A Horse Called Hope" (1901)</b></p>  |

## CALENDAR / DESCRIPTIONS KEY

★ **Registration Required**

**RED** **Outing or Shopping Trip**

**GREEN** **Presentation/Entertainment**

**BOLD** **Special Program**

**BLUE** **Movie**

### Room Abbreviation Key

|                             |                         |
|-----------------------------|-------------------------|
| (CPL) – Chapel              | (CTV) – In House TV     |
| (HR) – History Room         | (CCY) - Courtyard       |
| (MPR) – Multipurpose Room   | (CH) – Clare Hall / Gym |
| (MLDR) – Maple Dining Room  | (LIB) – Library         |
| (CR) – Card Room            | (ML) - Maple Lane       |
| (GR) – Game Room            | (FC) – Fitness Center   |
| (SP) – Swimming Pool        | (DR) – Main Dining Room |
| (BR) – Bartlett Dining Room | (OTP) – Oak Tree Pub    |
| (AC) – Arts & Crafts Room   | (CMPR) - Computer Room  |

### ★ Registration Reminders.....

If you are registering for a program, outing or special event, please check the “register by” date.

**If you are not signed-up by this “register by” date, we cannot guarantee you a spot or ticket.**

We are not able to issue refunds after the “register by” date listed. Please make sure if you are not able to attend that you cancel prior to the date listed or your account will be charged.

If we do not have the “minimum number” registered for a program, event, or outing, it will be canceled on the “register by” date.

## Regularly Scheduled Programs, Services, Groups & Meetings

Stretch & Exercise Class w/ Jen- Are you afraid of falling or feel off balance? Then this class is for you! We will be working on fall prevention techniques and exercises to help strengthen your muscles to keep up upright. All levels welcome!

Aerobics w/ Jen- Offered every **Wednesday in the Card Room at 10:15am**. These classes offer something for everyone!! Cardiovascular exercise, strength training, flexibility, balance and fun all in one class! All levels welcome!

Water Aerobics – Located in the swimming pool every **Tuesday & Thursday at 9:30am**. No swimming experience needed. All exercise done in shallow water. Great for those with arthritis or balance issues.

Exercise on CTV – Exercise classes are offered on our own in-house CTV!! Tune into channel 1901 and exercise in the comfort of your own home. Check the calendar for days and times that video classes will be offered.

Create & Make ★ - **Registration required!** Craft classes will be held in the A&C. Please check the sign-up book for a list of the dates & projects. Please register for 1 class as they are the same project.

Poker - Offered every week in the Arts and Crafts Room. Meets on Tuesdays & Thursday's at 6:30pm All are Welcome!!

Monthly Town Hall Meeting – **Tuesday, February 24th at 10:30 in Clare Hall**. Hearthwood Directors meet every fourth Tuesday of the month with the residents to discuss all that is happening in their respective departments. This is a great overview of everything happening in the community. There is also an opportunity for you to ask questions.

Deacon Discussions - Join this group led by Deacon Dave as he discusses the dimensions of wellness and how each impacts our spiritual self. Meets every other Monday. All are welcome!

Lutheran Service – Lutheran services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Non-Denominational Service – Non-Denominational services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Mass- Sunday, Monday, Wednesday & Friday at 9:30am in the Chapel.

Support Groups - See Calendar for Dates & Times. Parkinson's, Caregiver's, Grief Support, Groups are offered right here at The Oaks. Please feel free to join any of these groups at any time!

Rosary – **Every Tuesday at 6:30pm in room #332**. All are welcome to participate in the Rosary group. Join in anytime!

Stroll w/ Anna – This group meets in the Pub and takes a walk together throughout the community. When the weather is nice, the group will walk outdoors; otherwise, the walks take place inside the community. All levels are welcome. **Please see the calendar for scheduled days and times.**

Flying Needles (formally Close-Knit Club)- Whether you like to knit, crochet or embroidery, it's a chance to meet people enjoying the same hobby. Everyone is Welcome! Join anytime. **Meets every Wednesday @ 10:00am in the Wellness Room.**

Book Club – The book club meets the 3<sup>rd</sup> Tuesday of the month. This group meets in the Bartlett Room.

Money Bingo – **Thursday at 2:00pm in the Card Room**. All are welcome!!!

Mind Matters – Are you looking for some great brain exercises? Then this is the perfect program for you. Check the calendar for dates and times then join us for a fun mind workout! All are welcome and you can join in anytime!

Mini Mart Hours- **Monday- 1:00pm-3:00pm**  
**Wednesday- 10:00am- 12:00pm**  
**Friday- 1:00pm- 3:00pm**

