

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901 1:30 Mexican Train Dominos (AC) 2:00 Documentary: Where Nature Starts Over (1901) 2:30 5 Crowns Card Game (AC) 4:00 Video Exercise (1901) 5:30 Documentary: "Springtime in the Rockies" (1901) 7:00 Meditation (1901)</p> <p>1</p>	<p>9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 10:30 Shopping Target ★ 10:30 Reading Across America w/ St. Isidore (MPR) 1:00 Skip-Bo (OTP) 1:00 Pinochle (AC) 1:30 Shopping Trader Joe's ★ 6:15 Rummikub (226) 6:30 Outing "Jack the Ripper" @ Bartlett Library</p> <p>2</p>	<p>9:30 Water Exercise (Pool) 10:15 Exercise w/Jen (226) 10:30 Dining Centerpieces (AC) ★ 1:00 Phase 10 Card Games (AC) 2:00 Latch Hook (AC) 2:00 Money Bingo (226) 6:00 Documentary: Vanishing Arctic Winter 1901 6:30 Poker (AC) 6:30 Rosary (332) 6:30 Pinochle (226)</p> <p>3</p>	<p>9:30 Mass (Chapel/1901) 10:00 Flying Needles (Wellness Rm) 10:30 Aerobics w/Jen (226) 11:00 Outing 810 Entertainment (Pinstripes) Bocce & Lunch 1:00 Bridge (DR) 1:15 CURLING (Library) 2:30 Parkinson Support Group (CR) 3:00 Minds Matter (226) 6:15 Rummikub (226) 7:00 Meditation (1901)</p> <p>4</p>	<p>9:30 Water Aerobics w/ Jen (Pool) 10:15 Exercise w/ Jen (226) 11:00 Create & Make (AC) ★ 1:00 5 Crowns Card Game (AC) 1:15 JENGA (Library) 3:00 Presentation Alissa PR Rep (MPR) 6:00 Documentary: Spring the Return of Life (1901) 6:30 Poker (AC) 6:30 Pinochle (226)</p> <p>5</p>	<p>Wear Pink Intl Women's Day 9:30 Mass (Chapel/1901) 9:30 Tone & Sculpt (226) ★ 10:30 Shopping Jewel/Library ★ 10:30 Skip-Bo (AC) 10:30 Chair Yoga w/Vicki (CR) 12:00 Ladies Poker (AC) 1:30 Shopping Dollar Store/ Bank ★ 1:30 Presentation: Hearinglife Audiologist w/ Greg (CR) 3:00 Blarney & Cheer (OTP) 6:30 Pinochle (AC) 6:30 Stations of the Cross (1901)</p> <p>6</p>	<p>9:00 Chair Yoga (1901) 10:30 Coffee & Chat (CR) 11:00 Mah Jong (226) 1:00 Skip -Bo (OTP) 1:30 Entertainment Violin Music by Steve (OTP) 2:30 Scrabble (AC) 4:00 Video Exercise (1901) 5:30 Movie: "The Whale Rider" (1901) 6:30 Board Games (226)</p> <p>7</p>
<p>Daylight Savings Begins International Women's Day 9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901 1:30 Mexican Train Dominos (AC) 1:30 Timeline: Warrior Women (1901) 2:30 5 Crowns Card Game (AC) 4:00 Video Exercise (1901) 5:30 Documentary: "Fearless Women Who Changed History" (1901) 7:00 Meditation (1901)</p> <p>8</p>	<p>9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 10:30 Shopping Aldi/CVS ★ 11:00 Finding God (CR) 1:00 Skip-Bo (OTP) 1:00 Pinochle (AC) 1:15 Now & Then in the History Room w/ Refreshments (HR) 6:00 Trivia (OTP) ★ 6:15 Rummikub (226)</p> <p>9</p>	<p>9:30 Water Exercise (Pool) 10:15 Exercise w/Jen (226) 11:00 Create & Make (AC) ★ 1:00 Phase 10 Card Games (AC) 1:30 IL Resident Council Orientation (CR) 2:00 Latch Hook (AC) 6:00 Documentary: Spring in Wales (1901) 6:30 Poker (AC) 6:30 Rosary (332) 6:30 Pinochle (226)</p> <p>10</p>	<p>9:30 Mass (Chapel/1901) 10:00 Flying Needles (Wellness Rm) 10:30 Aerobics w/Jen (226) 12:00 Outing Karen Carpenter Metropolis ★ 1:00 Bridge (AC) 1:00 Presentation Journey of Hip and Knee Arthritis w/ Barrington Ortho (CR) 1:30 Scrabble (AC) 2:30 Caregivers Support Group (CR) 6:15 Rummikub (226) 6:30 Outing Driving Forces @ Bartlett Museum</p> <p>11</p>	<p>9:00 Outing Brunch Cafe ★ 9:30 Water Aerobics w/ Jen (Pool) 10:15 Exercise w/ Jen (226) 1:00 5 Crowns Card Game (AC) 12:45 Green River Floats (OTP) 1:30 Presentation "Lincoln the Writer by Lance Wilcox (CR) 1:30 Bible Study (Library) 2:30 Money Bingo (226) 6:00 Documentary: The Magic of Spring (1901) 6:30 Poker (AC) 6:30 Pinochle (226) 6:30 Entertainment: The Ohio River Pirates (MPR)</p> <p>12</p>	<p>Wear Purple Pancreatic Cancer 9:30 Tone & Sculpt (226) ★ 9:30 Mass (Chapel/1901) 10:30 Chair Yoga w/Vicki (CR) 10:30 Shopping Meijer ★ 10:30 Skip-Bo (AC) 12:00 Ladies Poker (AC) 1:00 Cards w/ Corrine (AC) ★ 1:30 Shopping Kohls ★ 2:00 Minds Matter (226) 3:00 Blarney & Cheer (OTP) 6:30 Pinochle (AC) 6:30 Stations of the Cross (1901)</p> <p>13</p>	<p>9:00 Chair Yoga (1901) 10:30 Coffee & Chat (CR) 11:00 Mah Jong (226) 1:00 Skip -Bo (AC) 1:30 Presentation Famous Irish Actors/Actresses by Tim (CR) 1:30 Scrabble (OTP) 4:00 Video Exercise (1901) 6:00 Movie: Quiet Man 1901 6:30 Board Games (226)</p> <p>14</p>
<p>9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901 1:30 Mexican Train Dominos (AC) 2:30 5 Crowns Card Game (AC) 4:00 Video Exercise (1901) 4:30 Documentary: "Kings of Indiana" (1901) 7:00 Meditation (1901)</p> <p>15</p>	<p>9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 10:30 Shopping Jewel ★ 11:00 Deacon Discussions (CR) 1:00 Skip-Bo (OTP) 1:00 Pinochle (AC) 1:30 JENGA (Library) 1:30 Shopping Walmart/Von Maur ★ 6:15 Rummikub (226)</p> <p>16</p>	<p>St. Patrick Day 9:30 Water Exercise (Pool) 10:15 Exercise w/Jen (226) 10:15 Irish Soda Bread (OTP) 1:00 Phase 10 Card Games (AC) 2:00 Latch Hook (AC) 3:30 Irish Cream Happy Hour (OTP) 4:15 Entertainment: Songs of Ireland w/ Rick (OTP) 5:30 Documentary: "St. Patrick: Pilgrimage to Peace" (1901) 6:30 Poker (AC) 6:30 Rosary (332) 6:30 Pinochle (226)</p> <p>17</p>	<p>B-day Lunch/Dinner 9:30 Mass (Chapel/1901) 10:00 Flying Needles (Wellness Rm) 10:30 Aerobics w/Jen (226) 10:30 Shopping Banbury ★ 1:00 Bridge (AC) 1:30 Scrabble (OTP) 1:30 Shopping Macy's ★ 6:00 Outing Galway Gals Irish Classic @ Bartlett Library ★ 6:15 Rummikub (226) 7:00 Meditation (1901)</p> <p>18</p>	<p>9:30 Water Aerobics w/ Jen (Pool) 10:15 Exercise w/ Jen (226) 10:30 Hand Massages (OTP) ★ 1:00 5 Crowns Card Game (AC) 1:30 Lutheran Service (Chapel) 2:30 Money Bingo (226) 6:00 Documentary: Spring Awakens (1901) 6:30 Poker (AC) 6:30 Pinochle (226)</p> <p>19</p>	<p>Wear Spring Colors Spring Begins 9:30 Tone & Sculpt (226) ★ 9:30 Mass (Chapel/1901) 10:30 Chair Yoga w/Vicki (CR) 10:30 Shopping Caputos ★ 10:30 Skip-Bo (AC) 12:00 Ladies Poker (AC) 1:00 Quilt Exhibit (CR) 1:30 Shopping Aldi/CVS ★ 2:00 Minds Matter (226) 3:00 Blarney & Cheer (OTP) 6:30 Pinochle (AC) 6:30 Stations of the Cross (1901)</p> <p>20</p>	<p>9:00 Chair Yoga (1901) 10:30 Coffee & Chat (CR) 11:00 Mah Jong (226) 1:00 Skip -Bo (AC) 1:30 Documentary Spring in the Highlands (1901) 1:30 Entertainment Music by Brian (OTP) 1:30 Scrabble (CR) 4:00 Video Exercise (1901) 5:30 Movie: "Love Blooms in Maple Valley" (1901) 6:30 Board Games (226)</p> <p>21</p>
<p>9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901 1:30 Mexican Train Dominos (AC) 2:00 Documentary: Vibrant Celebration of Spring (1901) 2:30 5 Crowns Card Game (AC) 4:00 Video Exercise (1901) 5:00 Sunday Evening Social (CR) 5:30 Movie: "Rebecca at Sunnybrook Farm" (1901)</p> <p>22</p>	<p>9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (MPR) 10:30 Shopping Target/Marshall ★ 10:30 Presentation Fraud Awareness & Craft w/ Cop (CR) 12:45 Shopping Jewel ★ 12:45 Outing Luxury Nails ★ 1:00 Low Vision (CR) 1:00 Skip-Bo (OTP) 1:00 Pinochle (AC) 6:15 Rummikub (226)</p> <p>23</p>	<p>9:00 Water Exercise (Pool) 10:30 Town Hall Meeting (CH) 1:00 Phase 10 Card Games (AC) 1:30 Entertainment Music by Edizon (MPR) 2:00 Latch Hook (AC) 6:00 Documentary: Spring Across Europe 1901 6:30 Poker (AC) 6:30 Rosary (332) 6:30 Pinochle (226)</p> <p>24</p>	<p>9:00 Outing Charlie & Chocolate Factory @ Marriott Lincolnshire 9:30 Mass (Chapel/1901) 10:00 Flying Needles (Wellness Rm) 10:15 Exercise w/Jen (226) 1:00 Bridge (AC) 1:00 Just Poppin Popcorn (OTP) 1:30 Scrabble (OTP) 2:30 Grief Support Group (CR) 3:45 Outing Dinner @ Season 52 ★ 6:15 Rummikub (226)</p> <p>25</p>	<p>9:30 Water Aerobics w/ Jen (Pool) 10:15 Exercise w/ Jen (226) 10:30 Hand Massages (OTP) ★ 1:00 5 Crowns Card Game (AC) 1:30 Entertainment Music by Ruth & Mary (OTP) 2:00 Non-Denom Service (Chapel) 2:00 Money Bingo (226) 6:00 Documentary: Wild Rush of Spring (1901) 6:30 Poker (AC) 6:30 Pinochle (226)</p> <p>26</p>	<p>Wear College: March Madness 9:30 Mass (Chapel/1901) 10:30 Chair Yoga w/Vicki (CR) 10:30 Shopping Hobby Lobby/TJ Maxx/Home Goods ★ 10:30 Skip-Bo (AC) 12:00 Ladies Poker (AC) 1:30 Shopping Aldi/CVS ★ 2:00 Minds Matter (CR) 3:00 Blarney & Cheer (OTP) 6:30 Pinochle (AC) 6:30 Stations of the Cross (1901)</p> <p>27</p>	<p>9:00 Chair Yoga (1901) 10:30 Coffee & Chat (CR) 11:00 Mah Jong (226) 1:00 Skip -Bo (AC) 1:30 Scrabble (CR) 1:30 Entertainment Singing by Lisa Marie (MPR) 4:00 Video Exercise (1901) 5:30 Movie: "Warm Springs" (1901) 6:30 Board Games (226)</p> <p>28</p>
<p>Palm Sunday 9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901 1:30 Mexican Train Dominos (AC) 2:00 Movie: Ring in the Spring (1901) 2:30 5 Crowns Card Game (AC) 4:00 Video Exercise (1901) 5:30 Documentary: "Soda Springs" (1901) 7:00 Meditation (1901)</p> <p>29</p>	<p>9:30 Mass (Chapel/1901) 10:30 Video Exercise (1901) 10:30 Shopping Target ★ 10:30 New Resident Donut Social (CMS) 1:00 Skip-Bo (OTP) 1:00 Pinochle (AC) 1:30 Wellness Presentation w/ Lisa (CR) 1:30 Shopping Jewel ★ 6:15 Rummikub (226)</p> <p>30</p>					

CALENDAR / DESCRIPTIONS KEY



Registration Required



Walking Required

RED Outing or Shopping Trip

GREEN Presentation/Entertainment

BOLD Special Program

BLUE Movie or DVD Series

Room Abbreviation Key

(CPL) – Chapel	(CTV) – In House TV/1901
(HR) – History Room	(CCY) - Courtyard
(MPR) – Multipurpose Room	(CH) – Clare Hall
(MLDR) – Maple Dining Room	(LIB) – Library
(CR) – Card Room	(ML) - Maple Lane
(GR) – Game Room	(FC) – Fitness Center
(SP) – Swimming Pool	(DR) – Main Dining Room
(BR) – Bartlett Dining Room	(OTP) – Oak Tree Pub
(AC) – Arts & Crafts Room	(CMPR) - Computer Room



Registration Reminders.....

If you are registering for a program, outing or special event, please check the “register by” date.

If you are not signed-up by this “register by” date, we cannot guarantee you a spot or ticket.

We are not able to issue refunds after the “register by” date listed. Please make sure if you are not able to attend that you cancel prior to the date listed or your account will be charged.

If we do not have the “minimum number” registered for a program, event, or outing, it will be canceled on the “register by” date.

Regularly Scheduled Programs, Services, Groups & Meetings

Stretch & Exercise Class w/ Jen - Are you afraid of falling or feel off balance? Then this class is for you! We will be working on fall prevention techniques and exercises to help strengthen your muscles to keep up upright. All levels welcome!

Aerobics w/ Jen- Offered every **Wednesday in the Room 226 at 10:15am**. These classes offer something for everyone!! Cardiovascular exercise, strength training, flexibility, balance and fun all in one class! All levels welcome!

Water Aerobics – Located in the swimming pool every **Tuesday & Thursday at 9:30am**. No swimming experience needed. All exercise done in shallow water. Great for those with arthritis or balance issues.

Exercise on CTV – Exercise classes are offered on our own in-house CTV!! Tune into channel 1901 and exercise in the comfort of your own home. Check the calendar for days and times that video classes will be offered.

Create & Make ★- **Registration required!** Craft classes will be held in the A&C. Please check the sign-up book for a list of the dates & projects. Please register for 1 class as they are the same project.

Poker - Offered every week in the Arts and Crafts Room. Meets on Tuesdays & Thursday’s at 6:30pm All are Welcome!!

Monthly Town Hall Meeting – **Tuesday, March 24 at 10:30 in MPR**. The Hearthwood Directors meet every fourth Tuesday of the month with the residents to discuss all that is happening in their respective departments. This is a great overview of everything happening in the community. There is also an opportunity for you to ask questions.

Deacon Discussions - Join this group led by Deacon Dave as he discusses the dimensions of wellness and how each impacts our spiritual self. Meets every other Monday. All are welcome!

Lutheran Service – Lutheran services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Non-Denominational Service – Non-Denominational services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Mass- Sunday, Monday, Wednesday & Friday at 9:30am in the Chapel.

Support Groups - **See Calendar for Dates & Times**. Parkinson’s, Caregiver’s, Grief Support, Groups are offered right here at Hearthwood. Please feel free to join any of these groups at any time!

Rosary – **Every Tuesday at 6:30pm in room #332**. All are welcome to participate in the Rosary group. Join in anytime!

Flying Needles- Whether you like to knit, crochet or embroidery, it’s a chance to meet people enjoying the same hobby. Everyone is Welcome! Join anytime. **Meets every Monday @ 1:30pm in the Bartlett Room.**

Book Club – The book club meets the 3rd Tuesday of the month. This group meets in the Bartlett Room.

Money Bingo – **Thursday at 2:00pm in the Room 226**. All are welcome!!!

Mind Matters – Are you looking for some great brain exercises? Then this is the perfect program for you. Check the calendar for dates and times then join us for a fun mind workout! All are welcome and you can join in anytime!

Latch Hook-It's a fantastic therapeutic hobby that promotes mindfulness and relaxation, as well as being fun and a great way to develop art skills. Please see Anna to purchase or order a kit on your own.

Mini Mart Hours-
Monday- 1:00pm-3:00pm
Wednesday- 10:00am- 12:00pm
Friday- 1:00pm- 3:00pm

