

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>5 Easter Sunday 9:30 Easter Mass (Chapel/ 1901) 11:00 Video Exercise (1901) 1:30 Mexican Train Dominos (BR) 1:30 Documentary "Rick Steves' European Easter" (1901) 2:30 5 Crowns Card Game (226) 4:00 Video Exercise (1901) 4:30 Movie: "Easter Parade" (1901)</p>	 <p>6 9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 10:30 Shopping Jewel ★ 11:00 Deacon Discussions (BR) 1:00 Skip-Bo (226) 1:00 Pinochle (BR) 1:30 Shopping Trader Joe's ★ 1:30 Create & Make (226) ★ 2:00 Presentation Extraordinary Impressions w/Shannon (CR) 6:15 Rummikub (226)</p>	<p>31 9:00 Vaccine Clinic (CR) 10:30 Video Exercise (1901) 11:00 Latch Hook (226) 11:00 Navigate Construction w/ Anna & Sue (OTP) 12:45 Phase 10 Card Games (BR) 1:30 Ireland Travel w/ Rick Steves' (1901) 2:15 Bingo (226) 6:00 Movie: Quiet Man (1901) 6:30 Poker (BR) 6:30 Rosary (332) 6:30 Pinochle (226)</p>	<p>1 April Fool's Mismatch Day 9:30 Mass (Chapel/1901) 10:00 Flying Needles (Wellness Rm) 10:30 Video Exercise (1901) 11:00 Outing Lunch @ Cooper's Hawk ★ 1:00 Bridge (BR) 2:30 Parkinson Support Group (CR) 3:00 Minds Matter (226) 6:00 Outing Think you Know about Babe Ruth @ Bartlett Library 6:15 Rummikub (226)</p>	<p>2 Holy Thursday 10:30 Video Exercise 10:30 Color Eggs (226) ★ 12:45 5 Crowns Card Game (BR) 1:30 Movie History of Holy Week (1901) 2:00 Money Bingo (226) 6:00 Holy Thursday Mass (Chapel/1901) 6:30 Poker (BR) 6:30 Pinochle (226)</p>	<p>3 Wear Red Good Friday 10:30 Shopping Jewel/ Library ★ 10:30 Skip-Bo (BR) 10:30 The Last 7 Words of Jesus (Cpl/1901) 12:00 Ladies Poker (BR) 1:00 Hot Cross Buns (OTP) 1:30 Shopping Dollar Tree / Bank ★ 3:00 Good Friday Service (Cpl/1901) 6:00 Movie: The Passion (1901)</p>	<p>4 9:00 Chair Yoga (1901) 10:30 Coffee & Chat (BR) 11:00 Mah Jong (226) 1:00 Skip -Bo (226) 1:30 Presentation Spring Refresh Pop-up Shop w/ Donna from Mary Kay (CR) 1:30 Scrabble (BR) 4:00 Video Exercise (1901) 5:30 Movie: "Easter Unwrap" (1901) 6:30 Board Games (226)</p>
<p>12 9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901 1:30 Mexican Train Dominos (BR) 2:30 5 Crowns Card Game (226) 4:00 Video Exercise (1901) 4:30 Documentary: "What Lives in your Garden" (1901) 7:00 Meditation (1901)</p>	<p>13 9:30 Shopping Target ★ 9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 11:00 Finding God (BR) 1:00 Skip-Bo (BR) 1:00 Pinochle (BR) 1:30 Painting w/ Mimi (226) ★ 2:30 Shopping Jewel ★ 6:00 Trivia (BR) 6:15 Rummikub (226)</p>	<p>14 9:30 Water Exercise (Pool) 10:15 Exercise w/Jen (226) 10:30 Wellness Presentation (CR) 11:00 Latch Hook (226) 12:45 Phase 10 Card Games (BR) 1:00 Book Club (226) 1:30 Entertainment Music by Peter (MPR) 6:00 Documentary: First Warm Davs (1901) 6:30 Poker (BR) 6:30 Rosary (332) 6:30 Pinochle (226) 6:30 Outing Conspiracy! Trail of Assassins @ Bartlett Library</p>	<p>15 April Birthday Lunch/ Dinner 9:30 Mass (Chapel/1901) 10:00 Flying Needles (Wellness Rm) 10:30 Shopping Macy's ★ 10:30 Aerobics w/Jen (226) 1:00 Bridge (BR) 1:30 Shopping @ Prestige ★ 1:30 Craft w/ Home Instead (226) ★ 1:30 Harmonizer Practice (Chapel) 6:15 Rummikub (226) 7:00 Meditation (1901)</p>	<p>16 9:30 Water Aerobics w/ Jen (Pool) 10:15 Exercise w/ Jen (MPR) 10:00 Outing Family Pharmacy ★ 12:45 5 Crowns Card Game (BR) 12:00 Outing Tom's Tea Party ★ 1:30 Lutheran Service (Chapel) 2:30 Money Bingo (226) 6:00 Documentary: When Life Returns (1901) 6:30 Poker (BR) 6:30 Pinochle (226)</p>	<p>17 Wear Purple Esophageal Cancer 9:30 Tone & Sculpt (226) 9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 10:30 Chair Yoga w/Vicki (CR) 10:30 Shopping Target ★ 10:30 Skip-Bo (226) 12:00 Ladies Poker (BR) 1:30 Shopping Aldi/CVS ★ 6:00 Movie: Uncle Nino (1901) 6:30 Pinochle (AC)</p>	<p>18 9:00 Chair Yoga (1901) 10:30 Coffee & Chat (BR) 11:00 Mah Jong (226) 1:00 Skip -Bo (AC) 1:30 Entertainment Music by Brian (CR) 1:30 Scrabble (BR) 4:00 Video Exercise (1901) 5:30 Movie: "A Day in a Life" (1901) 6:30 Board Games (226)</p>
<p>19 9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901 1:30 Mexican Train Dominos (BR) 2:30 5 Crowns Card Game (226) 4:00 Video Exercise (1901) 5:30 Documentary: "Guvs and Dolls" (1901) 7:00 Meditation (1901)</p>	<p>20 9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 10:30 Shopping: Kohls ★ 11:00 Deacon Discussions (BR) 1:00 Low Vision (226) 1:00 Pinochle (BR) 1:30 Shopping: Jewel ★ 1:30 Clean & Green Stroll w/Eric 6:15 Rummikub (226)</p>	<p>21 9:30 Water Exercise (Pool) 10:15 Exercise w/Jen (226) 11:00 Earth Day Celebration w/ St. Isidore (Pond) 11:00 Latch Hook (226) 12:45 Phase 10 Card Games (BR) 2:15 Bingo (226) 6:00 Documentary: Birth of the Sky(1901) 6:30 Poker (BR) 6:30 Rosary (332) 6:30 Pinochle (226)</p>	<p>22 Wear Blue Earth Day 9:30 Mass (Chapel/1901) 10:00 Flying Needles (Wellness Rm) 10:30 Aerobics w/Jen (226) 11:00 Outing Pratt Wayne Stroll & Picnic Lunch ★ 1:00 Bridge (BR) 1:30 Harmonizer Practice (Chapel) 6:00 Documentary: How the Earth was Made (1901) 6:15 Rummikub (226)</p>	<p>23 9:30 Water Aerobics w/ Jen (Pool) 10:15 Exercise w/ Jen (226) 10:30 Garden Clean Up (Outside) 12:45 5 Crowns Card Game (BR) 2:00 Non-Denominational Service (Chpl) 6:00 Documentary: The Tallest Trees on Earth (1901) 6:30 Poker (BR) 6:30 Pinochle (226)</p>	<p>24 Wear Green Arbor Day 9:30 Tone & Sculpt (226) 9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 10:30 Chair Yoga w/Vicki (CR) 10:30 Shopping Walmart ★ 10:30 Skip-Bo (BR) 1:00 Shopping Home Depot Nursery ★ 2:00 Minds Matter (226) 3:00 Outing Nifty Fifties Happy Hour @ Clarendale in Addison ★ 6:00 Nova: "Secrets of the Forest" (1901)</p>	<p>25 9:00 Chair Yoga (1901) 10:30 Coffee & Chat (BR) 11:00 Mah Jong (226) 1:00 Skip -Bo (AC) 1:30 Entertainment Music by Amy (MPR) 1:30 Scrabble (CR) 4:00 Video Exercise (1901) 5:30 Movie: "Senior Moment" (1901) 6:30 Board Games (226)</p>
<p>26 9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901 1:30 Mexican Train Dominos (BR) 2:30 5 Crowns Card Game (226) 4:00 Video Exercise (1901) 5:00 Sunday Gathering (226) 5:30 Movie: "Love in Bloom" (1901) 7:00 Deep Healing Meditation (1901)</p>	<p>27 10:15 Stretch w/Jen (226) 10:30 Shopping Target ★ 11:00 Finding God (BR) 12:45 Shopping Jewel ★ 12:45 Outing Luxury Nails ★ 1:00 Skip-Bo (226) 1:00 Pinochle (BR) 2:00 Trivia (226) 6:15 Rummikub (226) 6:30 Outing Jovous Japan @ Bartlett Library</p>	<p>28 9:00 Water Exercise (Pool) 10:30 TownHall Meeting (MPR) 12:45 Phase 10 Card Games (BR) 2:15 Bingo (226) 6:00 Documentary: Climate Change (1901) 6:30 Poker (BR) 6:30 Rosary (332) 6:30 Pinochle (226)</p>	<p>29 9:30 Mass (Chapel/1901) 10:00 Flying Needles (Wellness Rm) 10:30 Aerobics w/Jen (226) 10:30 Outing: Spring at Cantigny ★ 1:30 Harmonizer Practice (Chapel) 2:30 Grief Support Group (CR) 3:00 Minds Matter (226) 3:45 Outing Dinner @ St. Charles Place ★ 6:15 Rummikub (226)</p>	<p>30 9:30 Water Aerobics w/ Jen (Pool) 10:15 Exercise w/ Jen (226) 10:30 Hand Massages (CR) ★ 1:00 5 Crowns Card Game (BR) 2:00 Money Bingo (226) 6:00 Documentary: Canada: Year in the Wild(1901) 6:30 Poker (BR) 6:30 Pinochle (226)</p>		

3rd **CALENDAR / DESCRIPTIONS KEY**

 **Registration Required**

 **Walking Required**

RED **Outing or Shopping Trip**

GREEN **Presentation/Entertainment**

BOLD **Special Program**

BLUE **Movie or DVD Series**

Room Abbreviation Key

(CPL) – Chapel	(CTV) – In House TV
(HR) – History Room	(CCY) - Courtyard
(MPR) – Multipurpose Room	(CH) – Clare Hall / Gym
(MLDR) – Maple Dining Room	(LIB) – Library
(CR) – Card Room	(ML) - Maple Lane
(GR) – Game Room	(FC) – Fitness Center
(SP) – Swimming Pool	(DR) – Main Dining Room
(BR) – Bartlett Dining Room	(OTP) – Oak Tree Pub
(AC) – Arts & Crafts Room	(CMPR) - Computer Room

 **Registration Reminders.....**

If you are registering for a program, outing or special event, please check the “register by” date.

If you are not signed-up by this “register by” date, we cannot guarantee you a spot or ticket.

We are not able to issue refunds after the “register by” date listed. Please make sure if you are not able to attend that you cancel prior to the date listed or your account will be charged.

If we do not have the “minimum number” registered for a program, event, or outing, it will be canceled on the “register by” date.


Regularly Scheduled Programs, Services, Groups & Meetings

Stretch & Exercise Class w/ Jen - Are you afraid of falling or feel off balance? Then this class is for you! We will be working on fall prevention techniques and exercises to help strengthen your muscles to keep up upright. All levels welcome!

Aerobics w/ Jen- Offered every **Wednesday in the MPR at 10:15am**. These classes offer something for everyone!! Cardiovascular exercise, strength training, flexibility, balance and fun all in one class! All levels welcome!

Water Aerobics – Located in the swimming pool every **Tuesday & Thursday at 9:30am**. No swimming experience needed. All exercise done in shallow water. Great for those with arthritis or balance issues.

Exercise on CTV – Exercise classes are offered on our own in-house CTV!! Tune into channel 1901 and exercise in the comfort of your own home. Check the calendar for days and times that video classes will be offered.

Create & Make - **Registration required!** Craft classes will be held in the Room 226. Please check the sign-up book for a list of the dates & projects. Please register for 1 class as they are the same project. **This class we be on a lottery system**

Poker - Offered every week in the Bartlett Room. Meets on Tuesdays & Thursday’s at 6:30pm All are Welcome!!

Monthly Town Hall Meeting – **Tuesday, April 22 at 10:30 in MPR**. The Hearthwood Directors meet every fourth Tuesday of the month with the residents to discuss all that is happening in their respective departments. This is a great overview of everything happening in the community. There is also an opportunity for you to ask questions.

Deacon Discussions - Join this group led by Deacon Dave as he discusses the dimensions of wellness and how each impacts our spiritual self. Meets every other Monday. All are welcome!

Lutheran Service – Lutheran services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Non-Denominational Service – Non-Denominational services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Mass- Sunday, Monday, Wednesday & Friday at 9:30am in the Chapel.

Support Groups - **See Calendar for Dates & Times.** Parkinson’s, Caregiver’s, Grief Support, Groups are offered right here at Hearthwood. Please feel free to join any of these groups at any time!

Rosary – **Every Tuesday at 6:30pm in room #332.** All are welcome to participate in the Rosary group. Join in anytime!

Stroll w/ Anna – This group meets in the Pub and takes a walk together throughout the community. When the weather is nice, the group will walk outdoors; otherwise, the walks take place inside the community. All levels are welcome. **Please see the calendar for scheduled days and times.**

Flying Needles- Whether you like to knit, crochet or embroidery, it’s a chance to meet people enjoying the same hobby. Everyone is Welcome! Join anytime. **Meets every Wednesday @ 10:00am in the Wellness Room.**

Book Club – The book club meets the 3rd Tuesday of the month. This group meets in the Apt 226.

Money Bingo – **Tuesday & Thursday at 2:00pm in the Bartlett Room.** All are welcome!!!

Mind Matters – Are you looking for some great brain exercises? Then this is the perfect program for you. Check the calendar for dates and times then join us for a fun mind workout! All are welcome and you can join in anytime!

Diamond Art or Latch Hooking-It's a fantastic therapeutic hobby that promotes mindfulness and relaxation, as well as being fun and a great way to develop art skills. Please see Anna to purchase or order a kit on your own.

Mini Mart Hours-
Monday- 1:00pm-3:00pm
Wednesday- 10:00am- 12:00pm
Friday- 1:00pm- 3:00pm

