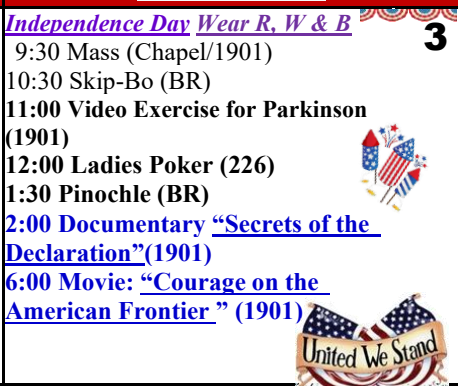


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
9:30 Mass (Chapel/ (1901) 11:00 Video Exercise (1901) 1:30 Mexican Train Dominos (BR) 1:30 Documentary Paul Revere Ride (1901) ★ 2:30 5 Crowns Card Game (226) 4:00 Video Exercise (1901) 5:00 Documentary: Betsy Ross: True Story Behind the Stars & Stripes 5	9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 10:30 Shopping Aldi/CVS ★ 11:00 Deacon Discussions (226) 1:00 Skip-Bo (226) 1:00 Pinochle (BR) 1:30 Entertainment Edizon (MPR) 1:30 Shopping Trader Joe's ★ 6:15 Rummikub (226) 6	9:30 Water Exercise (Pool) 10:15 Exercise w/ Jen (226) 12:00 Mah Jong (226) 12:45 Phase 10 Card Games (BR) 1:30 Happy 100th Birthday Wishes Al Krisciunas (CH) 2:30 Money Bingo (226) 6:30 Poker (226) 6:30 Rosary (332) 7	9:30 Mass (Chapel/1901) 10:15 Aerobics w/Jen (226) 10:30 Shopping Jewel ★ 11:00 Presentation "History of July 4th w/ Tim (MPR) 12:30 Bridge (BR) 1:00 Flying Needles (226) 1:30 Shopping Walmart ★ 2:30 Parkinson Support Group (226) 6:00 Documentary: Grant's Victory against the Confederate (1901) 6:15 Rummikub (226) 1	11-1:00 O Say, Can U Eat! BBQ (Pool Lot) 10:30 Video Exercise (1901) 12:45 5 Crowns Card Game (BR) 1:30 Patriotic Sing a Long w/ Dennis (Chapel) 6:00 Documentary: The Declaration of Independence (1901) 6:30 Poker (226) 7:00 Qigong Video Exercise (1901) 2	Independence Day Wear R, W & B 3 9:30 Mass (Chapel/1901) 10:30 Skip-Bo (BR) 11:00 Video Exercise for Parkinson (1901) 12:00 Ladies Poker (226) 1:30 Pinochle (BR) 2:00 Documentary "Secrets of the Declaration"(1901) 6:00 Movie: "Courage on the American Frontier " (1901) 3	9:00 Chair Yoga (1901) 10:30 Coffee & Chat (BR) 1:00 Skip -Bo (226) 1:30 Documentary How Fireworks are Made (1901) 4:00 Video Exercise (1901) 5:30 Movie: "Benjamin Franklin" (1901) 6:30 Board Games (226) 9:30 Bartlett Fireworks (Over Pond) 4
9:30 Mass (Chapel/ (1901) 11:00 Video Exercise (1901) 1:30 Documentary Paul Revere Ride (1901) ★ 2:30 5 Crowns Card Game (226) 4:00 Video Exercise (1901) 5:00 Documentary: Betsy Ross: True Story Behind the Stars & Stripes 12	9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 10:30 Shopping Target ★ 11:00 Finding God (226) 1:00 Skip-Bo (226) 1:00 Pinochle (BR) 2:00 Create & Make (226) ★ 2:30 Shopping Aldi/CVS ★ 6:15 Rummikub (226) 13	9:30 Water Exercise (Pool) 10:15 Exercise w/ Jen (226) 12:00 Mah Jong (226) 1:00 Phase 10 Card Games (BR) 1:15 Colonial Cuisine Making Butter (226) 2:15 Money Bingo (226) 6:00 Documentary: New Life Under the Sea (1901) 6:30 Poker (226) 6:30 Rosary (332) 14	9:30 Mass (Chapel/1901) 10:15 Aerobic Exercise w/Jen (226) 10:30 Shopping Tom's Farmers Mkt ★ 11:00 Wellness Presentation (226) 12:30 Bridge (BR) 1:00 Flying Needles (226) 1:30 Entertainment Ruth & Mary (MPR) 1:30 Shopping Walmart/Von Maur ★ 2:30 Low Vision (226) 6:15 Rummikub (226) 15	10:30 Video Exercise (1901) 10:30 Hand Massages (226) 12:45 5 Crowns Card Game (226) 1:00 Wizard of Oz @ Metropolis ★ 1:30 Bible Study (BR) 1:30 Presentation Betsy Ross by Michelle Gibbons (MPR) 3:00 Trivia (226) 6:30 Poker (226) 7:00 Qigong Video Exercise (1901) 16	UV Safety: Wear Black 17 9:30 Mass (Chapel/1901) 10:30 Video Exercise (1901) 10:30 Shopping Jewel ★ 10:30 Skip-Bo (AC) 10:30 Religion AI Pt 1 (MPR) 11:00 Chair Yoga w/ Vicki (226) 12:00 Ladies Poker (226) 12:45 Outing Countdown to 250 @ Village Hall ★ 2:00 Minds Matter (226) 6:00 Movie: "July Rising" (1901) 17	9:00 Chair Yoga (1901) 10:30 Coffee & Chat (BR) 1:00 Skip -Bo (226) 2:00 Entertainment Rick Pickren (MPR) ★ 4:00 Video Exercise (1901) 6:00 Movie: "Caribbean Dream" (1901) 6:30 Board Games (226) 18
9:30 Mass (Chapel/ (1901) 11:00 Video Exercise (1901) 1:30 Mexican Train Dominos (BR) 1:30 Documentary: Neil Armstrong (1901) 2:30 5 Crowns Card Game (226) 4:00 Video Exercise (1901) 6:00 Movie: "One Summer" (1901) 19	9:30 Mass (Chapel/1901) 10:15 Stretch w/Jen (226) 10:30 Shopping Meijer ★ 11:00 Deacon Discussions (226) 11:00 Colonial Crafts Jacob's Ladder (226) ★ 1:00 Skip-Bo (226) 1:00 Pinochle (BR) 1:30 Shopping Target ★ 6:15 Rummikub (226) 20	9:30 Water Exercise (Pool) 10:15 Exercise w/ Jen (226) 11:00 Create & Make (226) ★ 12:00 Mah Jong (226) 12:45 Phase 10 Card Games (BR) 1:00 Book Club (226) 2:15 Money Bingo (226) 6:00 Documentary: Killers of the Oceans (1901) 6:30 Poker (226) 6:30 Rosary (332) 21	9:30 Mass (Chapel/1901) 10:15 Aerobics w/Jen (226) 10:30 Outing Fox River Trolley Tour & Lunch ★ 12:30 Bridge (BR) 1:00 Flying Needles (226) 3:30 Entertainment Bach Yard Ravinia w/Jake Muzzv (Pond) 6:15 Rummikub (226) 22	9:00 Outing Breakfast @ Brunch Cafe ★ 23 10:30 Video Exercise (1901) 11:00 Hand Massages (BR) 12:45 5 Crowns Card Game (BR) 2:00 Non-Denominational Service (MPR) 2:30 Minds Matter (226) 6:00 Documentary Counting Jaws (1901) ★ 6:30 Poker (226) 7:00 Qigong Video Exercise (1901) 23	Christmas Eve in July 34 9:30 Mass (Chapel/1901) 10:30 Shopping Aldi/CVS ★ 10:30 Skip-Bo (AC) 10:30 Religion AI Pt 2 (MPR) 11:00 Chair Yoga w/ Vicki (226) 12:00 Ladies Poker (226) 1:30 Shopping Jewel ★ 2:00 Trivia (226) 6:00 Movie: "Christmas in July(1901) 34	9:00 Chair Yoga (1901) 10:30 Coffee & Chat (BR) 1:00 Skip -Bo (226) 1:30 Entertainment Katherine Keberlein - "Hollywood Glitz" ★ 4:00 Video Exercise (1901) 5:30 Movie: "Love is on the Menu" (1901) 6:30 Board Games (226) 25
9:30 Mass (Chapel/ (1901) 11:00 Video Exercise (1901) 1:30 Mexican Train Dominos (BR) 2:30 5 Crowns Card Game (226) 5:00 Sunday Evening Gathering (226) 4:00 Video Exercise (1901) 6:00 Movie: Christmas Lodge 26	10:15 Stretch w/Jen (226) 10:30 Shopping Target/Marshalls ★ 11:00 Finding God (226) 12:45 Jewel/Luxury Nails ★ 1:00 Skip-Bo (226) 1:00 Pinochle (BR) 1:30 Colonial Crafts Whirligig 226 ★ 6:15 Rummikub (226) 27	9:30 Water Exercise (Pool) 10:30 Town Hall (MPR) ★ 12:00 Mah Jong (226) 12:45 Phase 10 Card Games (BR) 1:00 Blank Slate Board Game (226) 2:15 Money Bingo (226) 6:00 Documentary: Megalodon: King of the Sea (1901) 6:15 Trivia Night (BR) 6:30 Poker (226) 6:30 Rosary (332) 28	9:30 Mass (Chapel/1901) 10:15 Aerobics w/Jen (226) 12:30 Outing Paddlewheel Riverboat & Lunch ★ 12:30 Bridge (BR) 1:00 Flying Needles (226) 2:30 Grief Support Grp (226) 6:15 Rummikub (226) 29	10:30 Video Exercise (1901) 1:15 Colonial Cuisine Making Bag Ice Cream (226) ★ 12:45 5 Crowns Card Game (BR) 1:30 Entertainment: Adam Austin Piano and vocals (MPR) 2:45 Money Bingo (226) 6:30 Poker (226) 7:00 Qigong Video Exercise (1901) 30	Wear Red Watermelon Day 34 9:30 Mass (Chapel/1901) 10:30 Shopping Jewel ★ 10:30 Skip-Bo (AC) 11:00 Chair Yoga w/ Vicki (226) 12:00 Ladies Poker (226) 1:30 Shopping Aldi/CVS ★ 1:30 Yummy Watermelon (226) 2:00 Minds Matter (226) 6:00 Documentary: " Our Planet" (1901) 34	

CALENDAR / DESCRIPTIONS KEY



Registration Required



Walking Required

RED

Outing or Shopping Trip

GREEN

Presentation/Entertainment

BOLD

Special Program

BLUE

Movie or DVD Series

Room Abbreviation Key

(CPL) – Chapel	(CTV) – In House TV
(HR) – History Room	(CCY) - Courtyard
(MPR) – Multipurpose Room	(CH) – Clare Hall / Gym
(226) – IL 226 apt.	(LIB) – Library
(CR) – Card Room	(ML) - Maple Lane
(GR) – Game Room	(FC) – Fitness Center
(SP) – Swimming Pool	(DR) – Main Dining Room
(BR) – Bartlett Room	(OTP) – Oak Tree Pub
(AC) – Arts & Crafts Room	(CMPR) - Computer Room



Registration Reminders.....

If you are registering for a program, outing or special event, please check the “register by” date.

If you are not signed-up by this “register by” date, we cannot guarantee you a spot or ticket.

We are not able to issue refunds after the “register by” date listed. Please make sure if you are not able to attend that you cancel prior to the date listed or your account will be charged.

If we do not have the “minimum number” registered for a program, event, or outing, it

Regularly Scheduled Programs, Services, Groups & Meetings

Stretch & Exercise Class w/ Jen - Are you afraid of falling or feel off balance? Then this class is for you! We will be working on fall prevention techniques and exercises to help strengthen your muscles to keep up upright. All levels welcome!

Aerobics w/ Jen- Offered every **Wednesday in the MPR at 10:15am**. These classes offer something for everyone!! Cardiovascular exercise, strength training, flexibility, balance and fun all in one class! All levels welcome!

Water Aerobics – Located in the swimming pool every **Tuesday & Thursday at 9:30am**. No swimming experience needed. All exercise done in shallow water. Great for those with arthritis or balance issues.

Exercise on CTV – Exercise classes are offered on our own in-house CTV!! Tune into channel 1901 and exercise in the comfort of your own home. Check the calendar for days and times that video classes will be offered.

- Create & Make** ★- **Registration required!** Craft classes will be held in the A&C. Please check the sign-up book for a list of the dates & projects. Please register for 1 class as they are the same project.

Poker - Offered every week in the Arts and Crafts Room. Meets on Tuesdays & Thursday’s at 6:30pm All are Welcome!!

Monthly Town Hall Meeting – **Tuesday, July 28th at 10:30 in MPR**. The Clare Oaks Directors meet every fourth Tuesday of the month with the residents to discuss all that is happening in their respective departments. This is a great overview of everything happening in the community. There is also an opportunity for you to ask questions.

Deacon Discussions - Join this group led by Deacon Dave as he discusses the dimensions of wellness and how each impacts our spiritual self. Meets every other Monday. All are welcome!

Lutheran Service – Lutheran services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Non-Denominational Service – Non-Denominational services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Mass- Sunday, Monday, Wednesday & Friday at 9:30am in the Chapel.

Support Groups - See Calendar for Dates & Times. Parkinson’s, Caregiver’s, Grief Support, Low Vision Groups are offered right here at Hearthwood. Please feel free to join any of these groups at any time!

Rosary – **Every Tuesday at 6:30pm in the Apt # 332**. All are welcome to participate in the Rosary group. Join in anytime!

Stroll w/ Anna – This group meets in the Pub and takes a walk together throughout the community. When the weather is nice, the group will walk outdoors; otherwise, the walks take place inside the community. All levels are welcome. **Please see the calendar for scheduled days and times.**

Flying Needles Group- Whether you like to knit, crochet or embroidery, it’s a chance to meet people enjoying the same hobby. Everyone is Welcome! Join anytime. **Meets every Wednesday @ 1:00pm in 226.**

Book Club – The book club meets the 3rd Tuesday of the month. This group meets in 226.

Money Bingo –**Tuesdays and Thursday in 226.** All are welcome!!!

Mind Matters – Are you looking for some great brain exercises? Then this is the perfect program for you. Check the calendar for dates and times then join us for a fun mind workout! All are welcome and you can join in anytime!

Mini Mart Hours-
Monday- 1:00pm-3:00pm
Wednesday- 10:00am- 12:00pm
Friday- 1:00pm- 3:00pm

