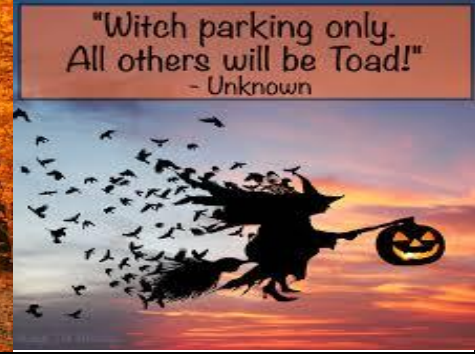
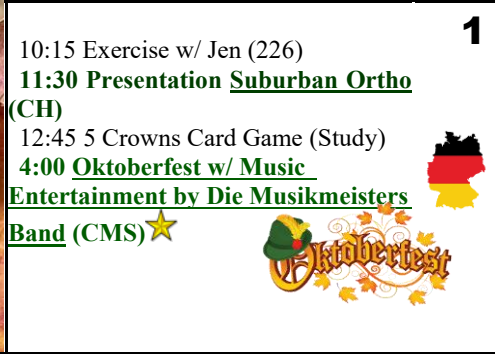
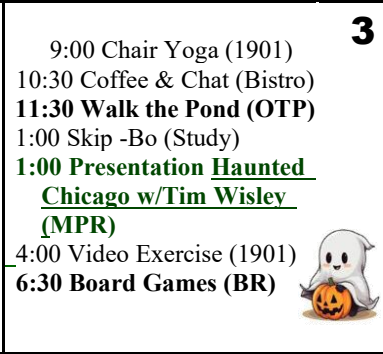
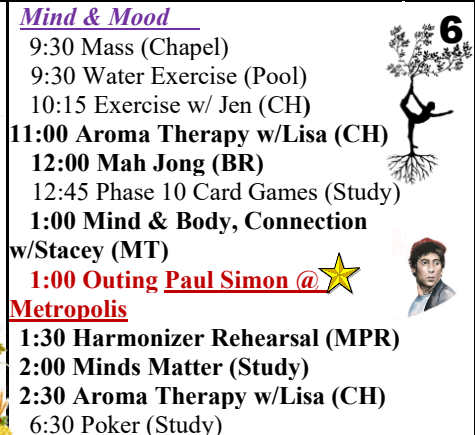
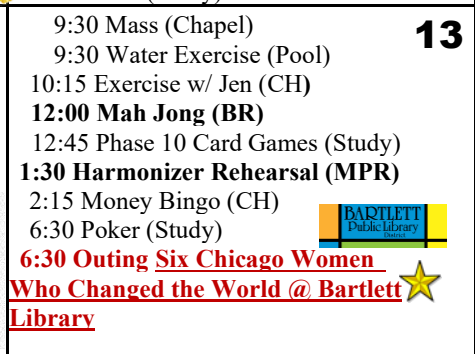
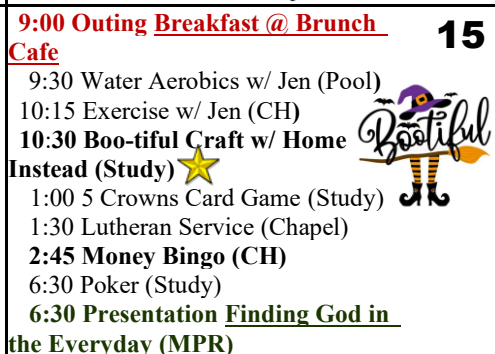
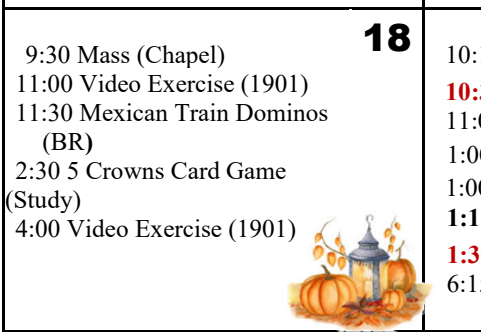
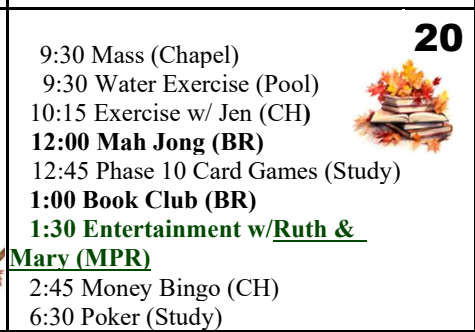
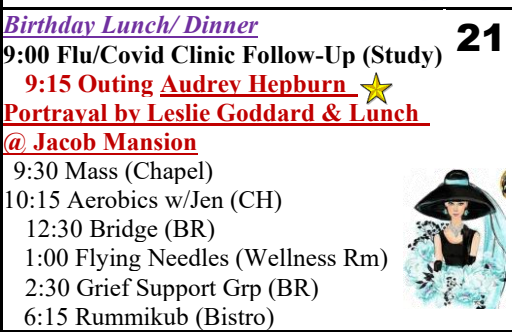
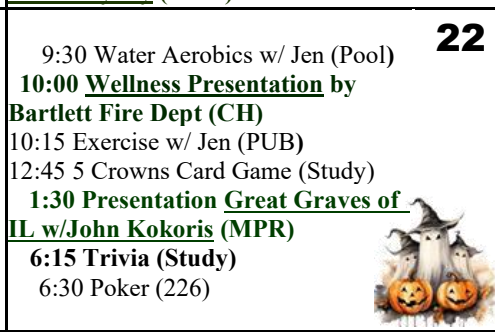
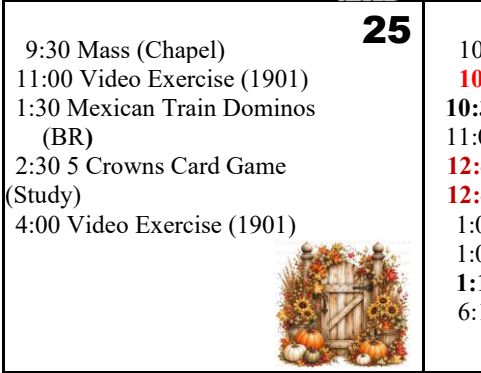
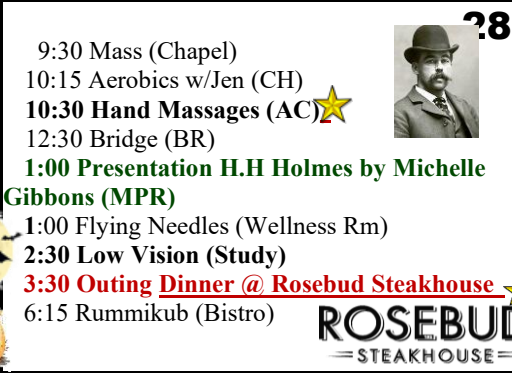


Independent Living Calendar October, the Trees are Falling away Showing their True Colors OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 My favorite color is October.	 "Winter is an etching, spring a watercolor, summer an oil painting, and autumn a mosaic of them all."	 "Witch parking only. All others will be Toad!" - Unknown	 "OCTOBER SHOWS US HOW BEAUTIFUL IT IS TO LET THINGS GO."	 10:15 Exercise w/ Jen (226) 11:30 Presentation <u>Suburban Ortho</u> (CH) 12:45 5 Crowns Card Game (Study) 4:00 <u>Oktoberfest w/ Music Entertainment by Die Musikmeisters Band</u> (CMS)★	 <u>Wear Green: Mental Health</u> 9:30 Mass (Chapel) 10:30 <u>Shopping Jewel Library</u>★ 10:30 Skip-Bo (BR) 11:00 Living Well Kickoff (CH) 12:00 Ladies Poker (Study) 12:00 Walk Outside (OTP) 1:30 <u>Shopping Dollar Store /Old Second Bank</u> 2:00 Minds Matter (Study) 6:30 Pinochle (Study)	 9:00 Chair Yoga (1901) 10:30 Coffee & Chat (Bistro) 11:30 <u>Walk the Pond (OTP)</u> 1:00 Skip -Bo (Study) 1:00 <u>Presentation Haunted Chicago w/Tim Wisley</u> (MPR) 4:00 Video Exercise (1901) 6:30 Board Games (BR)
 <u>Life Care + Begins</u> 9:30 Mass (Chapel) 11:00 Video Exercise (1901) 1:30 Mexican Train Dominos (BR) 2:30 5 Crowns Card Game (Study) 4:00 Video Exercise (1901)	 <u>Chair to 3K Kickoff</u> 9:30 Million Step Kickoff Walk (OTP) 10:15 Stretch w/Jen (CH) 10:30 <u>Shopping Aldi/CVS</u>★ 11:00 Deacon Discussions (BR) 1:00 Skip-Bo (Study) 1:00 Pet Blessing (CCY) 1:00 Pinochle (BR) 1:30 <u>Chair to 3K Informational</u> (MT) 1:30 <u>Shopping Trader Joe's</u>★ 2:30 Money Bingo (CH) 6:15 Rummikub (Bistro)	 <u>Mind & Mood</u> 9:30 Mass (Chapel) 9:30 Water Exercise (Pool) 10:15 Exercise w/ Jen (CH) 11:00 Aroma Therapy w/Lisa (CH) 12:00 Mah Jong (BR) 12:45 Phase 10 Card Games (Study) 1:00 Mind & Body, Connection w/Stacey (MT) 1:00 <u>Outing Paul Simon @ Metropolis</u>★ 1:30 Harmonizer Rehearsal (MPR) 2:00 Minds Matter (Study) 2:30 Aroma Therapy w/Lisa (CH) 6:30 Poker (Study)	 <u>Movement & Mobility</u> 9:30 Mass (Chapel) 9:30 <u>Outing Maxson Riverboat Lunch Cruise Fall Colors</u>★ 10:15 Aerobics w/Jen (CH) 11:00 <u>Presentation Mobility & Movement w/Bindu</u> (CH) 12:30 Bridge (BR) 1:00 Flying Needles (Wellness Rm) 1:30 <u>Presentation Alternative Pain Management by Ivy Hall</u> (CH) 2:30 Parkinson Support Grp (Study) 6:15 Rummikub (Bistro) 6:30 <u>Outing Salem Witch Trail @ Bartlett Lib</u>★	 <u>Connection & Engage</u> 9:30 Water Aerobics w/ Jen (Pool) 10:15 Exercise w/ Jen (CH) 10:30 Meet Your Neighbor (CMS) 12:45 5 Crowns Card Game (Study) 1:30 Bible Study (BR) 1:30 <u>Presentation Medicare Changes w/ Jamie</u> (MPR) 3:00 Mix & Mingle Social Hour (OTP) 6:30 Poker (Study) 6:15 Blank Slate (Study)	 <u>Nourish & Thrive-Wear RED</u> 9:30 Mass (Chapel) 10:00 <u>Berry Good Morning Smoothie</u> (Bistro) 10:30 <u>Shopping Jewel</u>★ 10:30 Skip-Bo (BR) 12:00 Ladies Poker (BR) 12:00 Mix it Up Trail Mix (Bistro) 1:00 Card w/Corrine (Study) 1:30 <u>Shopping Banbury Fair</u>★ 2:00 Food for Life w/Jaime Cooking Demo (CH) 6:30 Pinochle (Study)	 9:00 Chair Yoga (1901) 10:00 Coffee & Chat (Bistro) 1:00 Skip -Bo (Study) 1:30 <u>Entertainment Colette "Coco Hawley"</u> (MPR) 4:00 Video Exercise (1901) 6:30 Board Games (BR)
 9:30 Mass (Chapel) 11:00 Video Exercise (1901) 1:30 Mexican Train Dominos (BR) 2:30 5 Crowns Card Game (Study) 3:15 <u>Sunday Afternoon Gathering Watch Party Bears vs Packers</u> (CH) 4:00 Video Exercise (1901)	 <u>Indigenous Peoples Day/NO Mail</u> 9:30 <u>Shopping Target</u>★ 10:15 Stretch w/Jen (CH) 11:00 Finding God (BR) 1:00 Skip-Bo (Study) 1:00 Pinochle (BR) 1:15 Create & Make (AC)★ 2:30 <u>Shopping Aldi/CVS</u>★ 6:15 Rummikub (Bistro)	 9:30 Mass (Chapel) 9:30 Water Exercise (Pool) 10:15 Exercise w/ Jen (CH) 12:00 Mah Jong (BR) 12:45 Phase 10 Card Games (Study) 1:30 Harmonizer Rehearsal (MPR) 2:15 Money Bingo (CH) 6:30 Poker (Study) 6:30 <u>Outing Six Chicago Women Who Changed the World @ Bartlett Library</u>★	 9:30 Mass (Chapel) 10:15 Aerobics w/Jen (CH) 10:30 <u>Shopping Walmart/Von Maur</u>★ 12:30 Bridge (BR) 1:00 Flying Needles (Wellness Rm) 2:30 Caregivers Grp (BR) 5:15 <u>Outing "Night of A 1000 Pumpkins" @ Botanical Garden</u>★ 6:15 Rummikub (Bistro)	 9:00 <u>Outing Breakfast @ Brunch Cafe</u> 9:30 Water Aerobics w/ Jen (Pool) 10:15 Exercise w/ Jen (CH) 10:30 <u>Boo-tiful Craft w/ Home Instead</u> (Study)★ 1:00 5 Crowns Card Game (Study) 1:30 Lutheran Service (Chapel) 2:45 Money Bingo (CH) 6:30 Poker (Study) 6:30 <u>Presentation Finding God in the Everyday</u> (MPR)	 <u>Blindness Awareness: Wear White</u> 9:30 Mass (Chapel) 10:30 <u>Shopping Jewel</u>★ 10:30 Skip-Bo (BR) 10:30 Hand Massages (AC)★ 12:00 Ladies Poker (Study) 1:30 <u>Shopping Meijer</u>★ 2:00 Minds Matter (Study) 6:30 Pinochle (Study)	 9:00 Chair Yoga (1901) 10:00 Coffee & Chat (Bistro) 10:30 <u>Doughnut Day</u> (Library) 1:00 Skip -Bo (Study) 1:30 <u>Entertainment "Brian Castello"</u> (MPR) 4:00 Video Exercise (1901) 6:30 Board Games (BR)
 9:30 Mass (Chapel) 11:00 Video Exercise (1901) 11:30 Mexican Train Dominos (BR) 2:30 5 Crowns Card Game (Study) 4:00 Video Exercise (1901)	 10:15 Stretch w/Jen (CH) 10:30 <u>Shopping Aldi/CVS</u>★ 11:00 Deacon Discussions (BR) 1:00 Skip-Bo (Study) 1:00 Pinochle (BR) 1:15 Create & Make (AC)★ 1:30 <u>Shopping: Kohls</u>★ 6:15 Rummikub (Bistro)	 9:30 Mass (Chapel) 9:30 Water Exercise (Pool) 10:15 Exercise w/ Jen (CH) 12:00 Mah Jong (BR) 12:45 Phase 10 Card Games (Study) 1:00 Book Club (BR) 1:30 <u>Entertainment w/Ruth & Mary</u> (MPR) 2:45 Money Bingo (CH) 6:30 Poker (Study)	 <u>Birthday Lunch/ Dinner</u> 9:00 Flu/Covid Clinic Follow-Up (Study) 9:15 <u>Outing Audrey Hepburn Portraival by Leslie Goddard & Lunch @ Jacob Mansion</u>★ 9:30 Mass (Chapel) 10:15 Aerobics w/Jen (CH) 12:30 Bridge (BR) 1:00 Flying Needles (Wellness Rm) 2:30 Grief Support Grp (BR) 6:15 Rummikub (Bistro)	 9:30 Water Aerobics w/ Jen (Pool) 10:00 <u>Wellness Presentation by Bartlett Fire Dept</u> (CH) 10:15 Exercise w/ Jen (PUB) 12:45 5 Crowns Card Game (Study) 1:30 <u>Presentation Great Graves of IL w/John Kokoris</u> (MPR) 6:15 Trivia (Study) 6:30 Poker (226)	 <u>Breast Cancer: Wear Pink</u> 9:30 Mass (Chapel) 10:30 <u>Shopping Tom's Farmer Mkt</u>★ 10:30 Skip-Bo (BR) 12:00 Ladies Poker (Study) 1:30 <u>Shopping Target</u>★ 2:00 Minds Matter (Study) 3:15 Pink Ribbon Lemonade Social Hour (OTP) 6:30 Pinochle (Study)	 9:00 Chair Yoga (1901) 10:00 Coffee & Chat (Bistro) 1:00 Skip -Bo (Study) 1:30 <u>Entertainment Variety Show w/Liz Goss</u> (MPR) 4:00 Video Exercise (1901) 6:30 Board Games (BR)
 9:30 Mass (Chapel) 11:00 Video Exercise (1901) 1:30 Mexican Train Dominos (BR) 2:30 5 Crowns Card Game (Study) 4:00 Video Exercise (1901)	 10:15 Stretch w/Jen (CH) 10:30 <u>Shopping Meijer</u>★ 10:30 <u>Color Me Beautiful</u> (MT)★ 11:00 Finding God (CR) 12:45 <u>Shopping Jewel</u>★ 12:45 <u>Outing Luxury Nails</u>★ 1:00 Pinochle (BR) 1:00 Skip-Bo (Study) 1:15 <u>Block Party 2nd Floor</u> (226) 6:15 Rummikub (Bistro)	 9:00 Water Exercise (Pool) 9:30 Mass (Chapel) 10:30 Town Hall Meeting (CH) 10:30 Staff Pumpkin Contest Voting (CH) 12:00 Mah Jong (BR) 12:45 Phase 10 Card Games (Study) 1:30 Harmonizer Rehearsal (MPR) 2:15 Money Bingo (CH) 6:30 Poker (Study)	 9:30 Mass (Chapel) 10:15 Aerobics w/Jen (CH) 10:30 Hand Massages (AC)★ 12:30 Bridge (BR) 1:00 <u>Presentation H.H Holmes by Michelle Gibbons</u> (MPR) 1:00 Flying Needles (Wellness Rm) 2:30 Low Vision (Study) 3:30 <u>Outing Dinner @ Rosebud Steakhouse</u>★ 6:15 Rummikub (Bistro)	 9:30 Water Aerobics w/ Jen (Pool) 10:15 Exercise w/ Jen (CH) 10:45 <u>Boo's Clues Scavenger Hunt</u> (OTP)★ 12:45 5 Crowns Card Game (Study) 1:15 Just Poppin Popcorn (Pub) 2:00 Non-Denominational Serv (Cpl) 3:00 Minds Matter (Study) 6:30 Poker (Study)	 <u>All Hallows Eve</u> 9:30 Mass (Chapel) 10:30 <u>Witches Brew & Eyeballs T</u> (Study) 10:30 <u>Shopping Jewel</u>★ 11:45 Costume Parade (DR) 12:00 Ladies Poker (Study) 1:00 5 Crowns Card Game (AC) 1:15 Carmel licious Apple Treat (OTP) 1:30 <u>Shopping Aldi/CVS</u>★ 3:30 Trick or Treat (CMS) 6:30 Pinochle (Study)	 <u>Halloween</u> 9:00 Chair Yoga (1901) 10:00 Coffee & Chat (Bistro) 1:00 Skip -Bo (Study) 1:30 <u>Entertainment Spooktacular Magician Mark Presley</u> (MPR) 4:00 Video Exercise (1901) 6:30 Board Games (BR)

CALENDAR / DESCRIPTIONS KEY



Registration Required



Walking Required

RED Outing or Shopping Trip

GREEN Presentation/Entertainment

BOLD Special Program

BLUE Movie or DVD Series

Room Abbreviation Key

(CPL)- Chapel	(DR)- Main Dining Room
(HR)- History Room	(FC)- Fitness Center
(MPR)- Multipurpose Room	(CH)- Clare Hall
(AC)- Arts & Crafts Room	(BR)- Bartlett Room
(1901)- In House TV	(CMS)- Commons
(CCY)- Courtyard	(MT) Movie Theater



Registration Reminders.....
If you are registering for a program, outing or special event, please check the “register by” date.
If you are not signed-up by this “register by” date, we cannot guarantee you a spot or ticket.

We are not able to issue refunds after the “register by” date listed. Please make sure if you are not able to attend that you cancel prior to the date listed or your account will be charged.

If we do not have the “minimum number” registered for a program, event, or outing, it will be canceled on the “register by” date.

Regularly Scheduled Programs, Services, Groups & Meetings

Stretch & Exercise Class w/ Jen - Are you afraid of falling or feel off balance? Then this class is for you! We will be working on fall prevention techniques and exercises to help strengthen your muscles to keep up upright. All levels welcome!

Aerobics w/ Jen- Offered every **Wednesday in the Clare Hall at 10:15am**. These classes offer something for everyone!! Cardiovascular exercise, strength training, flexibility, balance and fun all in one class! All levels welcome!

Water Aerobics – Located in the swimming pool every **Tuesday & Thursday at 9:30am**. No swimming experience needed. All exercise done in shallow water. Great for those with arthritis or balance issues.

Exercise on CTV – Exercise classes are offered on our own in-house CTV!! Tune into channel 1901 and exercise in the comfort of your own home. Check the calendar for days and times that video classes will be offered.

Create & Make ★ - **Registration required!** Craft classes will be held in the A&C. Please check the sign-up book for a list of the dates & projects. Please register for 1 class as they are the same project.

Poker - Offered every week in the **Study Meets** on Tuesdays & Thursday’s at 6:30pm All are Welcome!!

Monthly Town Hall Meeting – **Tuesday, October 27 at 10:30 in Clare Hall.** The Hearthwood Directors meet every fourth Tuesday of the month with the residents to discuss all that is happening in their respective departments. This is a great overview of everything happening in the community. There is also an opportunity for you to ask questions.

Deacon Discussions - Join this group led by Deacon Dave as he discusses the dimensions of wellness and how each impacts our spiritual self. Meets every other Monday. All are welcome!

Non-Denominational Service – Non-Denominational services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Mass- Sunday, Tuesday, Wednesday & Friday at 9:30am in the Chapel.

Support Groups - See Calendar for Dates & Times. Parkinson’s, Caregiver’s, Grief Support, Groups are offered right here at Hearthwood. Please feel free to join any of these groups at any time!

Flying Needles- Whether you like to knit, crochet or embroidery, it’s a chance to meet people enjoying the same hobby. Everyone is Welcome! Join anytime.
Meets every Wednesday @ 1:00pm in Wellness Room.

Book Club – The book club meets the 3rd Tuesday of the month. This group meets in **Movie Theater**.

Money Bingo –**Tuesday & Thursday at 2:15pm & 2:00pm in the Clare Hall.** All are welcome!!!

Mind Matters – Are you looking for some great brain exercises? Then this is the perfect program for you. Check the calendar for dates and times then join us for a fun mind workout! All are welcome and you can join in anytime!



Mini Mart Hours-
Monday- 1:00pm-3:00pm

Tuesday- 10am- 12:00pm

Wednesday- 10:00am- 12:00pm

Thursday- 10am- 12:00pm

Friday- 1:00pm- 3:00pm

Closed Saturday & Sunday