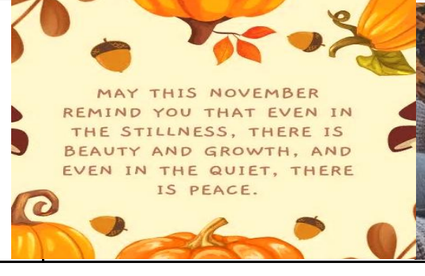
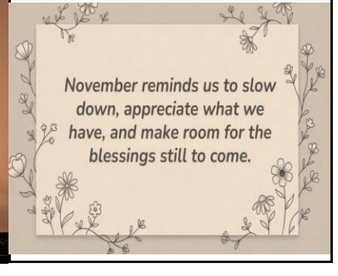
# Independent Living Calendar "Gratitude is My Attitude" NOVEMBER 2026

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| *Daylight Savings Time End*<br>*All Saint's Day*<br>1<br>9:30 Mass (Chapel)<br>11:00 Video Exercise (1901)<br>1:30 Mexican Train Dominos (BR)<br>2:30 5 Crowns Card Game (Study)<br>4:00 Video Exercise (1901)<br>**6:00 BUNCO (Study)** | *All Soul's Day*<br>2<br>10:15 Stretch w/Jen (CH)<br>**10:30 Shopping Aldi/CVS**<br>**10:30 Funeral Mass (Chapel)**<br>**10:45 Paint the Spirits Dia de Los Muertos (AC)**<br>11:00 Deacon Discussions (Study)<br>1:00 Skip-Bo (Study)<br>**1:00 Pinochle (BR)**<br>**1:30 Celebration of Life (Chapel)**<br>**1:30 Shopping Trader Joe's**<br>6:15 Rummikub (Bistro) | *Election Day*<br>3<br>9:30 Mass (Chapel)<br>9:30 Water Exercise (Pool)<br>10:15 Exercise w/ Jen (CH)<br>**10:30 Donut Miss Going to the Poll (Study)**<br>**12:00 Mah Jong (BR)**<br>12:45 Phase 10 Card Games (Study)<br>**1:00 Outing Voting Hanover Township**<br>**1:30 Harmonizer Rehearsal (Cpl)**<br>**1:30 Sourdough Dough Starter Class (AC)**<br>6:30 Poker (BR) | 4<br>9:30 Mass (Chapel)<br>10:15 Aerobics w/Jen (CH)<br>**10:30 Outing Shopping @ Woodfield Mall**<br>**11:00 Create & Make (AC)**<br>12:30 Bridge (Bistro)<br>**1:00 Flying Needles (Wellness Rm)**<br>**1:00 Checkin Turkey Trot (OTP)**<br>**1:30 Hand Massages (226)**<br>**2:00 Shopping Target**<br>2:30 Parkinson Grp (Study)<br>6:15 Rummikub (Bistro) | 5<br>9:30 Water Aerobics w/ Jen (Pool)<br>10:15 Exercise w/ Jen (CH)<br>**11:00 Wellness Presentation Vial of Life(CH)**<br>12:45 5 Crowns Card Game (Study)<br>**1:30 Entertainment Music by Randy Walker (MPR)**<br>2:45 Money Bingo (CH)<br>6:30 Poker (BR) | *Wear Purple: Pancreatic Cancer /Food Drive St. Peter Damian*<br>6<br>9:30 Mass (Chapel)<br>**10:30 Shopping Jewel/Library**<br>10:30 Skip-Bo (BR)<br>12:00 Ladies Poker (BR)<br>**1:30 Shopping Dollar Store /Old Second Bank**<br>2:00 Minds Matter (Study)<br>**6:30 Pinochle (Study)** | 7<br>9:00 Chair Yoga (1901)<br>10:00 Coffee & Chat (OTP)<br>1:00 Skip -Bo (Study)<br>**1:30 Entertainment Rock 'in Fun Alex Talbott (MPR)**<br>4:00 Video Exercise (1901) |
| 8<br>9:30 Mass (Chapel)<br>11:00 Video Exercise (1901)<br>1:30 Mexican Train Dominos **(BR)**<br>2:30 5 Crowns Card Game (Study)<br>4:00 Video Exercise (1901)<br>**6:00 BUNCO (Study)** | 9<br>**9:30 Shopping Target**<br>10:15 Stretch w/Jen (CH)<br>11:00 Finding God (Study)<br>**11:00 Hand Massages (AC)**<br>1:00 Skip-Bo (Study)<br>**1:00 Pinochle (BR)**<br>**1:30 Presentation How do I Pay for Care w/Kent Wallbruch (MT)**<br>**2:30 Shopping Aldi/CVS**<br>6:15 Rummikub (Bistro) | 10<br>9:30 Mass (Chapel)<br>9:30 Water Exercise (Pool)<br>10:15 Exercise w/ Jen (CH)<br>**10:30 All Resident Meeting (CH)**<br>**12:00 Mah Jong (BR)**<br>12:45 Phase 10 Card Games (Study)<br>**1:30 Harmonizer Rehearsal (Cpl)**<br>2:15 Money Bingo (CH)<br>6:30 Poker (BR) | *Veterans Day/No Mail*<br>*Wear Red, White & Blue*<br>11<br>**9:00 Flag Raising Ceremony (Flagpole)**<br>9:30 Mass (Chapel)<br>**10:20 Veteran's Day Recognition & Social (CPL/MPR)**<br>**10:30 Shopping Walmart/Von Maur**<br>**11:00 Entertainment Patriotic Sing w/Dante (MPR)**<br>12:30 Bridge (Bistro)<br>**1:00 Flying Needles (Wellness Rm)**<br>**1:30 Outing Veterans Museum @ Cantigny**<br>2:30 Caregivers Grp (BR) | 12<br>**8:30 Medicare D Support (BR)**<br>9:30 Water Aerobics w/ Jen (Pool)<br>10:15 Exercise w/ Jen (CH)<br>**11:00 Create & Make (AC)**<br>12:45 5 Crowns Card Game (Bistro)<br>1:30 Bible Study (226)<br>2:45 Money Bingo (CH)<br>**6:15 Blank Slate Game (Study)**<br>6:30 Poker (BR) | *Wear Favorite Sport Jersey Day*<br>*World Kindness Day*<br>13<br>9:30 Mass (Chapel)<br>**10:30 Outing Family Pharmacy**<br>10:30 Skip-Bo (BR)<br>12:00 Ladies Poker (BR)<br>**1:00 Cards w/Corrine (Study)**<br>**1:30 Shopping Jewel**<br>2:30 Minds Matter (Study)<br>**6:30 Pinochle (Study)** | 14<br>9:00 Chair Yoga (1901)<br>10:00 Coffee & Chat (OTP)<br>1:00 Skip -Bo (Study)<br>**1:30 Entertainment Music Variety w/ Jack Miuccio (MPR)**<br>4:00 Video Exercise (1901)<br>**4:00 Mass (Chapel)** |
| *Spark Your Gratitude Week*<br>15<br>11:00 Video Exercise (1901)<br>1:30 Mexican Train Dominos **(BR)**<br>2:30 5 Crowns Card Game (Study)<br>**3:00 Hearthwood Fashion Show by This & That (DR)**<br>4:00 Video Exercise (1901)<br>**6:00 BUNCO (Study)** | 16<br>10:15 Stretch w/Jen (CH)<br>**10:30 Shopping Aldi/CVS**<br>11:00 Deacon Discussions (Study)<br>1:00 Skip-Bo (Study)<br>**1:00 Pinochle (BR)**<br>**1:30 Crafts for Healthcare w/ Lifestyle (Study)**<br>**1:30 Shopping Fisher Nut Store**<br>6:15 Rummikub (Bistro) | 17<br>9:30 Mass (Chapel)<br>9:30 Water Exercise (Pool)<br>10:15 Exercise w/ Jen (CH)<br>**10:45 Presentation: Financial Education Scam Avoidance w/ Courtney (MT)**<br>**12:00 Mah Jong (BR)**<br>12:45 Phase 10 Card Games (Study)<br>**1:00 Book Club (Study)**<br>**1:30 Harmonizer Rehearsal (Cpl)**<br>2:15 Money Bingo (CH)<br>6:30 Poker (BR) | *Birthday Lunch/ Dinner*<br>18<br>9:30 Mass (Chapel)<br>10:15 Aerobics w/Jen (226)<br>**11:30 Outing Feed My Starving Children Volunteer**<br>12:30 Bridge (Bistro)<br>**1:00 Flying Needles (Wellness Rm)**<br>6:15 Rummikub (Bistro) | 19<br>**9:00 Outing Breakfast @Mapleberry**<br>9:30 Water Aerobics w/ Jen (Pool)<br>10:15 Exercise w/ Jen (CH)<br>**11:00 Jenga (Study)**<br>12:45 5 Crowns Card Game (Study)<br>**1:30 Minds Matter (Study)**<br>1:30 Lutheran Service (Chapel)<br>2:45 Money Bingo (CH)<br>**6:15 Trivia (OTP)**<br>6:30 Poker (BR) | *Wear Orange: COPD*<br>20<br>9:30 Mass (Chapel/1901)<br>**10:30 Shopping Jewel**<br>10:30 Skip-Bo (BR)<br>12:00 Ladies Poker (BR)<br>**12:30 Outing Christkindl Market**<br>**1:15 Something Pumpkin (Bistro)**<br>2:00 Minds Matter (Study)<br>**6:30 Pinochle (Study)** | 21<br>9:00 Chair Yoga (1901)<br>10:00 Coffee & Chat (OTP)<br>1:00 Skip -Bo (Study)<br>1:**30 Entertainment: Music w/Edizon (MPR)**<br>4:00 Video Exercise (1901) |
| 22<br>9:30 Mass (Chapel)<br>11:00 Video Exercise (1901)<br>1:30 Mexican Train Dominos **(BR)**<br>2:30 5 Crowns Card Game **(Study)**<br>4:00 Video Exercise (1901)<br>**5:00 Sunday Evening Gathering (226)** | 23<br>**9:30 Turkey Trot (OTP)**<br>10:15 Stretch w/Jen (CH)<br>**10:30 Shopping Meijer**<br>**12:45 Shopping Jewel**<br>**12:45 Outing Luxury Nails**<br>1:00 Skip-Bo (Study)<br>**1:00 Pinochle (BR)**<br>**3:30 Happy Hour by Senior Helper (OTP)**<br>6:15 Rummikub (Bistro) | 24<br>9:30 Mass (Chapel)<br>9:30 Water Exercise (Pool)<br>**10:30 Town Hall (CH)**<br>**12:00 Mah Jong (BR)**<br>12:45 Phase 10 Card Games (Study)<br>**1:30 Harmonizer Rehearsal (Cpl)**<br>**1:30 Presentation Celebrate Thanksgiving with a Celebration Macy's Parade w/Michelle Gibbons (CH)**<br>**3:00 Outing Volunteer @ Ronald McDonald House Meal Service**<br>6:30 Poker (BR) | 25<br>9:30 Mass (Chapel)<br>**11:00 Outing Lunch @ I Smell Bacon BBQ**<br>12:30 Bridge (Bistro)<br>**1:00 Flying Needles (Wellness Rm)**<br>**1:00 Minds Matter (Study)**<br>**1:30 Shopping Jewel**<br>**1:30 Entertainment Ruth & Mary (MPR)**<br>2:30 Grief Support (BR)<br>2:45 Money Bingo (CH)<br>6:15 Rummikub (Bistro) | *Happy Thanksgiving*<br>26<br>9:30 Mass (Chapel)<br>**11:00-1:00 Thanksgiving Dinner**<br>12:45 5 Crowns Card Game (Study)<br>**2:30 Rummikub (Bistro)**<br>6:30 Poker (BR) | *Wear Black: Black Friday*<br>27<br>10:30 Video Exercise (1901)<br>**10:30 After Thanksgiving Fresh Fruitacopia**<br>11:00 Skip-Bo (Study)<br>12:00 Ladies Poker (BR)<br>**6:30 Pinochle (Study)** | 28<br>9:00 Chair Yoga (1901)<br>10:00 Coffee & Chat (OTP)<br>1:00 Skip -Bo (Study)<br>**1:30 Entertainment 40's to the 90's & Jazz featuring Tommy Barroso (MPR)**<br>4:00 Video Exercise (1901) |
| 29<br>9:30 Mass (Chapel)<br>11:00 Video Exercise (1901)<br>1:30 Mexican Train Dominos **(BR)**<br>2:30 5 Crowns Card Game (Study)<br>4:00 Video Exercise (1901)<br>**6:00 BUNCO (Study)** | 30<br>10:15 Stretch w/Jen (CH)<br>**10:30 Shopping Aldi/CVS**<br>1:00 Skip-Bo (Study)<br>**1:00 Pinochle (BR)**<br>**1:30 Shopping Kohls**<br>2:00 Low Vision (Study)<br>**3:45 Outing Dinner @ Ki's Steak & Seafood**<br>6:15 Rummikub (Bistro) |  |  |  |  |  |

## CALENDAR / DESCRIPTIONS KEY

| | |
|---|---|
| ★ | Registration Required |
| 🚶 | Walking Required |
| RED | Outing or Shopping Trip |
| GREEN | Presentation/Entertainment |
| BOLD | Special Program |
| BLUE | Movie or DVD Series |

## Room Abbreviation Key

(CPL)- Chapel
(HR)- History Room
(MPR)- Multipurpose Room
(AC)- Arts & Crafts Room
(1901)- In House TV
(CCY)- Courtyard
(DR)- Main Dining Room
(FC)- Fitness Center
(CH)- Clare Hall
(BR)- Bartlett Room
(CMS)- Commons
(MT) Movie Theater

★ Registration Reminders……

If you are registering for a program, outing or special event, please check the "register by" date.

**If you are not signed-up by this "register by" date, we cannot guarantee you a spot or ticket**.

We are not able to issue refunds after the "register by" date listed. Please make sure if you are not able to attend that you cancel prior to the date listed or your account will be charged.

If we do not have the "minimum number" registered for a program, event, or outing, it will be canceled on the "register by" date.

# Regularly Scheduled Programs, Services, Groups & Meetings

**Stretch & Exercise Class w/ Jen** - Are you afraid of falling or feel off balance? Then this class is for you! We will be working on fall prevention techniques and exercises to help strengthen your muscles to keep up upright. All levels welcome!

**Aerobics w/ Jen**- Offered every **Wednesday in the Clare Hall at 10:15am**. These classes offer something for everyone!! Cardiovascular exercise, strength training, flexibility, balance and fun all in one class! All levels welcome!

**Water Aerobics** – Located in the swimming pool every **Tuesday & Thursday at 9:30am**. No swimming experience needed. All exercise done in shallow water. Great for those with arthritis or balance issues.

**Exercise on CTV** – Exercise classes are offered on our own in-house CTV!! Tune into channel 1901 and exercise in the comfort of your own home. Check the calendar for days and times that video classes will be offered.

**Create & Make** ★ - **Registration required!** Craft classes will be held in the A&C. Please check the sign-up book for a list of the dates & projects. Please register for 1 class as they are the same project.

**Poker** - Offered every week in the **Study** Meets on Tuesdays & Thursday's at 6:30pm All are Welcome!!

**Monthly Town Hall Meeting** – **Tuesday, November 24 at 10:30 in Clare Hall.** The Hearthwood Directors meet every fourth Tuesday of the month with the residents to discuss all that is happening in their respective departments. This is a great overview of everything happening in the community. There is also an opportunity for you to ask questions.

**Deacon Discussions** - Join this group led by Deacon Dave as he discusses the dimensions of wellness and how each impacts our spiritual self. Meets every other Monday. All are welcome!

**Non-Denominational Service** – Non-Denominational services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

**Mass**- Sunday, Tuesday, Wednesday & Friday at 9:30am in the Chapel.

**Support Groups - See Calendar for Dates & Times.** Parkinson's, Caregiver's, Grief Support, Groups are offered right here at Hearthwood. Please feel free to join any of these groups at any time!

**Flying Needles**- Whether you like to knit, crochet or embroidery, it's a chance to meet people enjoying the same hobby. Everyone is Welcome! Join anytime. **Meets every Wednesday @ 1:00pm in Wellness Room.**

**Book Club** – The book club meets the 3rd Tuesday of the month. This group meets in **Study.**

**Money Bingo** – **Tuesday & Thursday at 2:15pm & 2:00pm in the Clare Hall.** All are welcome!!!

**Mind Matters** – Are you looking for some great brain exercises? Then this is the perfect program for you. Check the calendar for dates and times then join us for a fun mind workout! All are welcome and you can join in anytime!

**Mini Mart Hours-**

**Monday- 1:00pm-3:00pm**

**Tuesday- 10am- 12:00pm**

**Wednesday- 10:00am- 12:00pm**

**Thursday- 10am- 12:00pm**

**Friday- 1:00pm- 3:00pm**

**Closed Saturday & Sunday**